
STARGUARD WRITTEN TEST STUDY GUIDE

Difference between distress and drowning? - answer- distressed- nose and mouth aren't covered can breathe
drown- nose and mouth covered with water can't breathe

3-d scanning, most urgent risk area of the zone you should look first? - answer- bottom then mid-depth close to surface

Knowing appropriate zone size? - answer- possible to scan whole area in 10 sec. And swim in 20 seconds

Legal principle duty to act mean for a lifeguard? - answer- on duty, lifeguard is obligated to provide emergency care including cpr. Off duty is a good samaritan

Staar? - answer- scan, target, assess, alert, rescue

Best approach for protecting against sun exposure? - answer- at least one shade, and sunscreen

MsdS? - answer- material safety data sheet

Rid? What does it mean? - answer- recognition, intrusion, distraction - identify need for constant and dedicated surveillance

Rwi? - answer- recreational water illness

Objective of manual in-line stabilization? - answer- prevent motion of the the head and neck, and spine

Best technique for manual in-line stabilization of a person floating face up on the surface? - answer- vise-grip

When should you apply backboard chest strap during a spinal backboarding? - answer- first; right when patient is on backboard

5 components of starguard risk management model? - answer- 1) prevention
2) surveillance
3.) Response and rescue
4.) Emergency care
5.) Work place expectations

Observing universal precautions means to treat all blood and bodily fluid as infectious, even if you think they do not look infectious. True/false? - answer- true

Eap? - answer- emergency action plan

Answers For Study Guide

J Spring



Answers For Study Guide:

Answers For Study Guide Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the power of words has be evident than ever. They have the capacity to inspire, provoke, and ignite change. Such is the essence of the book **Answers For Study Guide**, a literary masterpiece that delves deep in to the significance of words and their effect on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall effect on readers.

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