## Anatomie fonctionnelle du poignet

#### Introduction

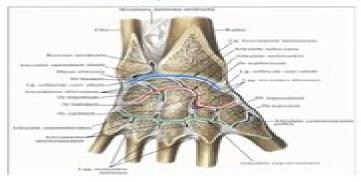
- Il oriente la main dans l'espace et adapte sa position pour la préhension
- Mécanique complexe avec les 8 os séparés en 2 rangées

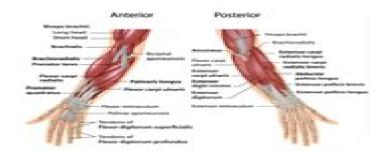
## Articulation du poignet

## Plusieurs articulations :

- L'articulation radio-ulnaire inférieure
- L'articulation radio-carpienne
- L'articulation médio-carpienne (2 rangées carpe)
- Les articulations inter-carpiennes proximales
- (scaphoide / lunatum / triquetrum)
- Les articulations intercarpiennes distales (trapèze,
- trapezoide, capitatum, hamatum)
- Le coude présente 3 articulations mais on ajoute fonctionnellement la radio-ulnaire inférieure
- Il s'agit d'une trochoïde non congruente et non concordante

## Articulation radio carpienne





#### Os du carpe

### Le carpe :

8 os en 2 rangées : proximal et distale.

- 1ère rangée : scaphoïde, lunatum, triquetrum et pisiform
- 2ème rangée : trapèze, trapézoide, capitatum et hamati

## Articulations entre avant-bras et carpe

## Radio-ulnaire inferieure/distale

Entre disque et ulna

Il s'agit d'une articulation plane

- Radio-carpienne
- Il s'agit d'une ellipsoide





os du carpe, vue polimaire







# <u>Anatomie Fonctionnelle Appliqueacutee Agrave</u> <u>Losteacuteopathie Cracircnienne</u>

**Lei Huang** 

Anatomie Fonctionnelle Appliqueacutee Agrave Losteacuteopathie Cracircnienne:

Anatomie Fonctionnelle Appliqueacutee Agrave Losteacuteopathie Cracircnienne: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous compelling novels enthralling the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the engaging narratives that have charmed audiences this year. Anatomie Fonctionnelle Appliqueacutee Agrave Losteacuteopathie Cracircnienne: Colleen Hoovers "It Ends with Us" This poignant tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can succeed. Uncover the Best: Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This intriguing historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Anatomie Fonctionnelle Appliqueacutee Agrave Losteacuteopathie Cracircnienne: Delia Owens "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of engaging stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and gripping novel that will keep you guessing until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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