ANATOMIA APPARATO LOCOMOTORE

LA POSIZIONE ANATOMICA



Posizione arbitraria e condivisa:

- Testa dritta, sguardo all'orizzonte
- Piedi uniti
- Palma della mano rivolta verso l'alto (primo dito laterale, quinto dito mediale

NB se porto il dorso davanti, e il palmo all' indietro, compio un movimento di prono-supinazione)

Si utilizza come convenzione il palmo in avanti, perché in questa posizione, ulna e radio rimangono paralleli, mentre se ho il dorso della mano in avanti, ulna e radio sono incrociati.

Per le descrizioni spaziali degli organi si utilizzano 3 piani :

 Piano sagittale: piano mediano di simmetria sviluppato Antero-posteriormente, divide il corpo in metà simmetriche (dx e sx)

NB esistono organi pari e simmetrici(es Reni, polmoni)
NB esistono organici unici e sono impari (es Milza, vescica urinaria)

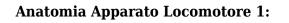
La milza ad esempio si trova da un solo lato mentre la vescica urinaria si trova sul piano mediale di simmetria ed è tagliata a metà .

Esistono piani sagittali, che non tagliano a metà il corpo e sono detti paramediali, come ad esempio la linea emiclaveare (origina dal punto medio della clavicola ed è perpendicolare a terra)

Il concetto di simmetria: non sempre utilizzabile e il piano sagittale divide il corpo in 2 metà non esattamente uguali (alcuni organi ad esempio la milza si trovano in una sola metà, mentre altri come il fegato hanno una porzione più grande che si trova in una metà, e una porzione più piccola che si trova nell'altra)

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LL Leslie



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