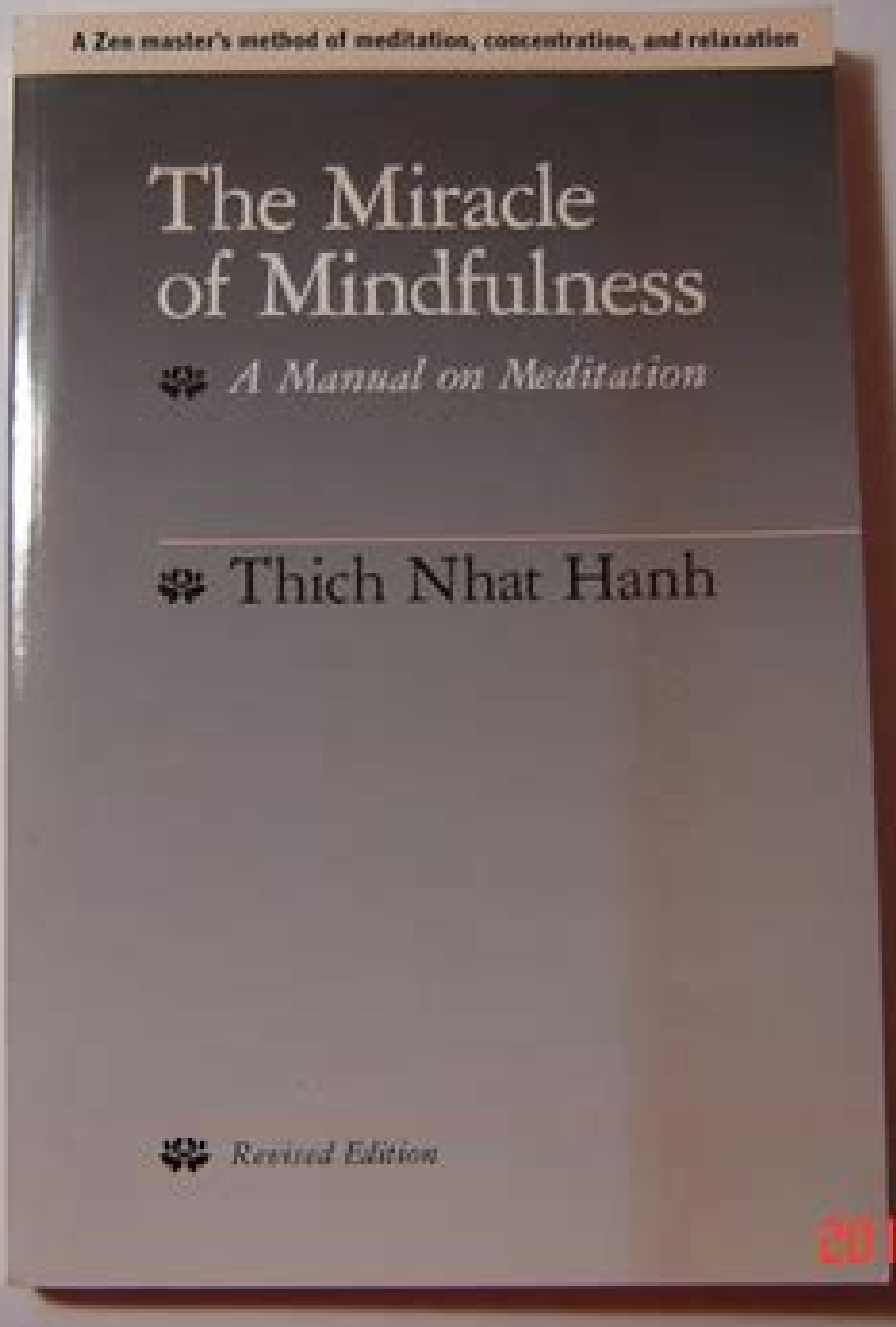
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philosophy and practice as it functions in today s socioeconomic cultural and political landscape Chapters discuss the many ways in which classic concepts and practices of mindfulness clash converge and influence modern theories and methods and vice versa Experts across many disciplines address the secularization and commercialization of Buddhist concepts the medicalizing of mindfulness in therapies and progressive uses of mindfulness in education The book addresses the rise of the mindfulness movement and the core concerns behind the critiques of the growing popularity of mindfulness It covers a range of dichotomies such as traditional versus modern religious versus secular and commodification versus critical thought and probes beyond the East West binary to larger questions of economics philosophy ethics and ultimately meaning Featured topics include A compilation of Buddhist meditative practices Selling mindfulness and the marketing of mindful products A meta critique of mindfulness critiques from McMindfulness to critical mindfulness Mindfulness based interventions in clinical psychology and neuroscience Corporate mindfulness and usage in the workplace Community engaged mindfulness and its role in social justice The Handbook of Mindfulness is a must have resource for clinical psychologists complementary and alternative medicine professionals practitioners neuroscientists and educational and business management leaders and policymakers as well as related mental health medical and educational professionals practitioners **Handbook of Assessment in Mindfulness Research** Oleg N. Medvedev,Christian U. Krägeloh,Richard J. Siegert,Nirbhay N. Singh,2025-08-03 This handbook provides comprehensive coverage of assessment instruments used in mindfulness research It discusses traditional and modern approaches used to develop psychometric measures and to establish their reliability and validity such as classical test theory item response theory and Rasch model generalizability theory facet benchmarking and network analysis The handbook provides information on conceptual foundations development and psychometric properties of assessment instruments used to measure mindfulness in children adolescents and adults In addition it provides similar information on scales used in specific contexts and for various purposes It reviews behavioral cognitive and psychophysiological assessment measures of mindfulness The handbook examines a broad range of psychological physical health and mental health and related measures that are used in mindfulness research This reference work enables researchers to choose appropriate measurement tools fora broad range of mindfulness research Key areas of coverage include Nature and theoretical foundations of assessment Origins and definitions of mindfulness Mindfulness scales for children and adolescents Mindfulness scales for adults Mindfulness scales for specific contexts and purposes Mindfulness and Buddhist related scales Behavioral assessments of mindfulness Cognitive and psychophysiological assessments of mindfulness The Handbook of Assessment in Mindfulness Research is an essential reference for researchers professors and graduate students as well as clinicians therapists and other mental health practitioners in clinical psychology and affiliated medical and mental health disciplines including complementary and alternative medicine social work occupational and rehabilitation therapy *The Hermitage Meditation Manual* Rodney Devenish,2013 All you need to know to properly learn

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