

ADULT CPR

According to European CPR guidelines

1 Check for consciousness

Gently shake the victim's shoulders and try to make contact.



2 Check for breathing and open the airway

Look, listen and feel for breathing no longer than 10 seconds.



Normal breathing

3 If no or abnormal breathing - Call 112

Put the phone on speaker mode and do not cancel the call.



4 Begin CPR immediately

Alternate between 30 chest compressions and 2 rescue breaths.



Continue with CPR, without disruption until the person breathes normally or emergency personnel arrives. Stop until the chest rises. Push down on the chest hard, 100-120 times per minute. Do CPR on a hard surface.

5 If an AED is available

Turn on the AED and attach the pads during CPR.



Look closely at the pads images and follow the AED's instructions.

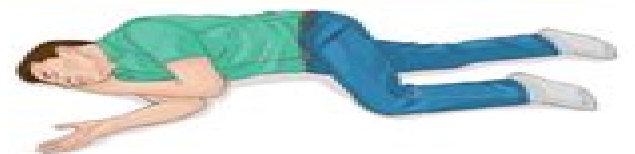
After 2 minutes the AED will pause to analyze the heart rhythm - change the person who does the compressions.



After each analyze cycle continue with CPR for 2 minutes whether you had to give a shock or not.

Put the person in recovery position and call 112

Prevent hypothermia and keep monitoring the breathing.



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20aha Guidelines For Cpr

Joseph E. Parrillo, R. Phillip Dellinger



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Miller's Anesthesia, 2-Volume Set E-Book Michael A. Gropper, Lars I. Eriksson, Lee A. Fleisher, Neal H. Cohen, Kate Leslie, Oluwaseun Johnson-Akeju, 2024-07-18 Selected for 2025 Doody's Core Titles with Essential Purchase designation in Anesthesiology Pain Medicine Offering up to date coverage of everything from historical and international perspectives to basic science and today's clinical practice Miller's Anesthesia 10th Edition remains the 1 reference and trusted learning resource for practitioners and trainees in this complex field Dr Michael Gropper leads a team of expert editors and contributing authors who provide current information on the technical scientific and clinical issues you face each day whether you're managing a challenging patient care situation preparing for the boards or studying for recertification Addresses timely topics alongside foundational basic science for an in depth and comprehensive understanding of the field Contains thoroughly up to date content including two new chapters The Immune System Implications for Anesthetic Management and Emergency Preparedness in Healthcare Provides new content in key areas such as sustainability global health equity the effect of anesthetics on immune function anesthesia for special populations coverage of infectious diseases including COVID 19 and occupational exposure and safety Offers state of the art coverage of anesthetic drugs guidelines for anesthetic practice and patient safety new techniques step by step instructions for patient management the unique needs of pediatric patients and much more all highlighted by more than 1 200 full color illustrations 300 new to this edition for enhanced visual clarity Includes 40 video clips demonstrating patient positioning ultrasound echocardiograms and other imaging and anesthetic procedures in real time *Respiratory Care: Principles and Practice* Dean R. Hess, Neil R. MacIntyre, Shelley C. Mishoe, William F. Galvin, 2011-02-24 A new edition of the classic text Respiratory Care Principles and Practice Second Edition is a truly authoritative text for respiratory care students who desire a complete and up to date exploration of the technical and professional aspects of respiratory care With foundations in evidence based practice this essential text reviews respiratory assessment respiratory therapeutics respiratory diseases basic sciences and their application to respiratory care the respiratory care profession and much more Important Notice The digital edition of this book is missing some of the images or content found in the physical edition Pediatric Anesthesia Bruno Bissonnette, 2014-05-14 No longer merely a subspecialty pediatric anesthesia is now a professional entity in its own right as is amply demonstrated in this comprehensive addition to the medical and surgical literature Pediatric Anesthesia Basic Principles State of the Art Future comprises the contributions of 150 experts in the field from all over the world providing this book with a truly global perspective This textbook will help anesthesiologists already interested in pediatric anesthesia to the knowledge and skills inherent to the safe practice of anesthesia for infants and children The Textbook of Emergency Cardiovascular Care and CPR John M. Field, Peter J. Kudenchuk, Robert O'Connor, Terry VandenHoek, 2012-11-07 With an editorial team of leading experts from the American College of Emergency Physicians and the American Heart Association

this book is the first complete clinically oriented reference textbook in emergency cardiovascular care and CPR The book translates bench research to the clinician s bedside needs and addresses end of life issues The content is appropriate for a large audience including early caregivers emergency department and CCU nurses students residents fellows and hospitalists responsible for cardiovascular emergency situations A companion Website will include the fully searchable text instructional videos produced by the AHA and links to ACC AHA ASE ACEP and ILCOR guidelines and policy statements *EMT (Emergency Medical Technician) Crash Course with Online Practice Test, 3rd Edition* Christopher Coughlin, 2023-11-18 NEW REA s EMT Crash Course Book Online Third Edition Everything you need for today s NREMT Cognitive Exam in a concise time saving format REA s EMT Crash Course is the only test prep of its kind for the last minute studier or any EMT candidate who needs a quick refresher before taking the National Registry EMT cognitive exam Our fully up to date test prep includes Expert test taking strategies from a seasoned EMT educator and paramedic Proven question level strategies help maximize your command of the material By following our expert tips and advice you can score higher on every section of the exam Targeted review study only what you need to know Our concise review covers the full scope of exam topics including Airway Respiration Cardiology Trauma Medical Obstetrics Gynecology and EMS Operations e g ambulance and air medical operations mass casualty incidents and weapons of mass destruction We also include coverage of critical topics such as anatomy physiology safety and patient care and documentation as well as the EMT s role and responsibility within the larger public health system End of chapter drill questions Test your mastery of key topics every step of the way Extensive glossary Knowing the right medical terminology can make a real difference in your score That s why our Crash Course glossary defines over 400 key terms Full length online practice exam Get fast diagnostic feedback topic level scoring and detailed answer explanations to help you gauge your test readiness No matter how or when you prepare for the EMT exam REA s EMT Crash Course has all you need to earn a great score REA CRASH COURSE is a registered trademark of Research Education Association NREMT is a registered trademark of the National Registry of Emergency Medical Technicians

Hagberg and Benumof s Airway Management, E-Book Carin A. Hagberg, 2022-08-02 Considered the go to reference in airway management not only in anesthesia practice but also in emergency medicine and intensive care settings Hagberg and Benumof s Airway Management ensures that practitioners worldwide are familiar and proficient with the most recent developments in equipment and scientific knowledge in this fast changing area Covering all aspects of this fundamental practice the new 5th Edition facilitates the safe performance of airway management for all airway practitioners regardless of specialty using a concise how to approach carefully chosen illustrations and case examples and analysis throughout The only volume of its kind completely dedicated to airway management this edition features Well illustrated and tightly focused coverage with anatomical drawings charts algorithms photos and imaging studies for quick reference many new to this edition Key Points in every chapter as well as up to date information on the latest ASA guidelines Two new chapters covering

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Nancy Caroline's Emergency Care in the Streets Nancy L. Caroline,American Academy of Orthopaedic Surgeons (Aaos),2017-08-15 This fully updated training system covers every competency statement of the National EMS Education Standards for Paramedics with clarity and precision in a concise format that ensures student comprehension and encourages critical thinking *Clinical Calculations - E-Book* Joyce LeFever Kee,Sally M. Marshall,Mary Catherine Forrester,Kathryn Woods,2020-06-12 NEW Updated information on Antidiabetic Agents orals and injectables has been added throughout the text where appropriate NEW Updated content on Anticoagulant Agents is housed in an all new chapter NEW Colorized abbreviations for the four methods of calculation BF RP FE and DA appear in the Example Problems sections NEW Updated content and patient safety guidelines throughout the text reflects the latest practices and procedures NEW Updated practice problems across the text incorporate the latest drugs and dosages *Textbook of Emergency Cardiology* Alan S Maisel,W Frank Peacock,2021-11-30 This book is a comprehensive guide to the diagnosis and management of acute cardiovascular disorders Divided into four sections the text provides detailed guidance on cardiac arrest acute myocardial infarction and acute coronary syndrome acute heart failure and arrhythmias Individual chapters cover cardiac imaging biomarkers and drug therapy Written by renowned experts in the field led by US based Alan S Maisel and W Frank Peacock the text is further enhanced by more than 300 clinical photographs radiological images tables and figures Key points Comprehensive guide to diagnosis and management of acute cardiovascular disorders Covers cardiac arrest acute myocardial infarction and acute coronary syndrome acute heart failure and arrhythmias Authored by recognised experts in the field Highly illustrated with clinical photographs radiological images tables and figures *Sanders' Paramedic Textbook* Mick J. Sanders,Kim McKenna,American Academy of Orthopaedic Surgeons (AAOS),2024-01-17 Based on current guidelines standards and medical research in the EMS field Sanders Paramedic Textbook Sixth Edition is both a comprehensive learning tool for paramedic students and reliable desk reference for emergency physicians This critical resource includes in depth explorations of key subjects such as pathophysiology pharmacology airway management medical disorders patient assessment and trauma Advances in Emergency Treatment Research and Application: 2012 Edition ,2012-12-26 *Advances in Emergency Treatment Research and Application* 2012 Edition is a ScholarlyEditions eBook that delivers timely authoritative and comprehensive information about Emergency Treatment The editors have built *Advances in Emergency Treatment Research and Application* 2012 Edition on the vast information databases of ScholarlyNews You can expect the information about Emergency Treatment in this eBook to be deeper than what you can access anywhere else as well as

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Smith's Anesthesia for Infants and Children E-Book Peter J. Davis, Franklyn P. Cladis, 2021-11-30 Written and edited by renowned experts in pediatric anesthesia Smith s Anesthesia for Infants and Children provides clear concise guidance on effective perioperative care for any type of pediatric surgery The 10th Edition contains significantly revised content throughout bringing you fully up to date with recent advances in clinical and basic science that have led to changes in today s clinical practice Offers comprehensive coverage of physiology pharmacology and clinical anesthetic management of infants and children of all ages Contains new chapters on Airway Physiology and Development Normal and Difficult Airway Management Ultrasound Acute Pain Management Chronic Pain Management Palliative Pain Management Infectious Diseases and Education plus extensively revised content on cardiovascular physiology induction maintenance and recovery organ transplantation and more Features more than 100 video demonstrations including regional anesthesia videos echocardiograms of congenital heart lesions anatomic dissections of various congenital heart specimens with audio explanations various pediatric surgical operative procedures airway management and much more Provides outstanding visual guidance throughout including full color photographs drawings graphs and charts and radiographic images Includes quick reference appendices online drug dosages growth curves normal values for pulmonary function tests and a listing of common and uncommon syndromes Provides an interactive question bank online for review and self assessment Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text figures and references from the book on a variety of devices

Concept-Based Clinical Nursing Skills - E-Book Loren Nell Melton Stein, Connie J. Hollen, 2023-02-27 Selected for

Doody's Core Titles 2024 in Fundamentals Concept Based Clinical Nursing Skills Fundamental to Advanced Competencies 2nd Edition covers more than 250 nursing skills in an innovative concept based format Unlike any other text Stein and Hollen incorporate an overarching framework of seven critical concepts accuracy person centered care infection control safety communication evaluation and health maintenance to drive home the importance of these key themes in performing nursing skills and developing nursing competencies Every chapter includes a detailed case study with a concept map to help you apply your knowledge to clinical situations involving nursing skills The nursing process is seamlessly integrated within the skills and Next Generation NCLEX question types strengthen your critical thinking and clinical judgment skills This fully referenced text identifies and applies credible researched based knowledge that comprises the knowledge for nursing practice

Manual of Pediatric Intensive Care - E-Book Manoj Luthra, 2012-08-30 Elaborates pre and postoperative guidelines in the intensive care of pediatric cardiac surgery patients An indispensable book for the cardiothoracic pediatric and intensive care residents involved in the acute management of children with heart disease Addresses the need of a reference manual for general surgery and medicine residents while on rotation in the cardiac care unit Comprehensive chapters provide simple solutions and explanations to clinical problems rather than offering detailed physiological explanations Drugs and doses have been given in tables for easy reference at the point of care A practical book that can be read at leisure and referred to at the bedside

Approach to Internal Medicine David Hui, Alexander A. Leung, Christopher Ma, 2022-01-31 The fully updated fifth edition of this highly successful textbook provides an integrated symptom and issue based approach to internal medicine with easily accessible high yield clinical information For each topic carefully organized sections on different diagnoses investigations and treatments are designed to facilitate patient care and examination preparation Numerous clinical pearls and comparison tables are provided to help enhance learning and international units US and metric are used to facilitate application in everyday clinical practice In addition to the central tenets of internal medicine the book covers many highly important rarely discussed topics in medicine including palliative care obstetrical medicine transfusion reactions needle stick injuries interpretation of gram stain depression and code status discussion This fifth edition additionally includes new coverage of the coronavirus 19 and cancer survivorship while being fully updated throughout Authors present this information in a streamlined fashion preserving the book's pocket sized quick reference format Approach to Internal Medicine continues to serve as an essential reference primarily for medical students residents and fellows with practicing physicians nurses and advanced practice providers also finding the text of value as a point of care reference

Handbook of Cardiac Anatomy, Physiology, and Devices Paul A. Iaizzo, 2024-12-08 This book covers the latest information on the anatomic features underlying physiologic mechanisms and treatments for diseases of the heart Key chapters address preclinical animal models for cardiac research and clinical trials performed cardiac mapping systems heart valve therapies and other device based tools and technologies for cardiac diagnoses and treatments Once

again companion of supplementary videos offer unique insights into the device tissue interfaces including those within beating hearts i e these supplemental videos enhance ones understandings of key points within the text The Handbook of Cardiac Anatomy Physiology and Devices the Fourth Edition is a comprehensive and state of the art resource textbook that should provide clinicians and biomedical engineers alike with the authoritative information and background they need to work on and implement tomorrow s generation of life saving cardiac therapies and devices *Principles of Airway Management* Brendan T. Finucane,Ban C.H. Tsui,Albert Santora,2010-12-14 *Principles of Airway Management* 4th Edition reviews the essential aspects of airway management anatomy equipment intubation fiberoptic endoscopy surgical approaches intubating LMA lightwand pediatric airway CPR and mechanical ventilation The book features well balanced discussions of the complexities and difficult issues associated with airway management excellent organization that ensures the material can be learned and applied to various situations the latest equipment and techniques summary boxes which highlight the most important points of each chapter and more than 400 illustrations many in color for the first time tables and boxes *Critical Care Medicine E-Book* Joseph E. Parrillo,R. Phillip Dellinger,2018-11-12 Now completely revised to bring you up to date with the latest advances in the field *Critical Care Medicine Principles of Diagnosis and Management in the Adult* 5th Edition delivers expert practical guidance on virtually any clinical scenario you may encounter in the ICU Designed for intensivists critical care and pulmonology residents fellows practicing physicians and nurse practitioners this highly regarded text is clinically focused and easy to reference Led by Drs Joseph Parrillo and Phillip Dellinger the 5th Edition introduces numerous new authors who lend a fresh perspective and contribute their expertise to that of hundreds of top authorities in the field Includes new chapters on current applications of bedside ultrasound in the ICU both diagnostic and procedural mechanical assist devices and extra corporeal membrane oxygenation ECMO Contains new administrative chapters that provide important information on performance improvement and quality length of stay operations working with the Joint Commission and more Features new videos and images that provide visual guidance and clarify complex topics Keeps you up to date with expanded chapters on echocardiography in the ICU and valvular heart disease including TAVR Includes separate chapters on mechanical ventilation of obstructive airway disease and acute respiratory distress syndrome ARDS including the many recent changes in approach to positive end expiratory pressure setting in ARDS Covers key topics such as patient ventilator synchrony and non invasive ventilation for treating chronic obstructive pulmonary disease patients with acute respiratory failure Reflects the recent literature and guidance on amount of fluids type of fluid vasopressor selection mean arterial pressure target and decision on steroid use in septic shock Provides questions and answers in every chapter perfect for self assessment and review Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text figures and references from the book on a variety of devices

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