

# Tachycardia With a Pulse Algorithm

Assess appropriateness for clinical condition.  
Heart rate typically  $\geq 150/\text{min}$  if tachyarrhythmia.

## Identify and treat underlying cause

- Maintain patent airway; assist breathing as necessary
- Oxygen (if hypoxemic)
- Cardiac monitor to identify rhythm; monitor blood pressure and oximetry

## Persistent tachyarrhythmia causing:

- Hypotension?
- Acutely altered mental status?
- Signs of shock?
- Ischemic chest discomfort?
- Acute heart failure?

Yes

## Synchronized cardioversion

- Consider sedation
- If regular narrow complex, consider adenosine

No

Wide QRS?  
 $\geq 0.12$  second

Yes

- IV access and 12-lead ECG if available
- Consider adenosine only if regular and monomorphic
- Consider antiarrhythmic infusion
- Consider expert consultation

No

- IV access and 12-lead ECG if available
- Vagal maneuvers
- Adenosine (if regular)
- $\beta$ -Blocker or calcium channel blocker
- Consider expert consultation

## Doses/Details

### Synchronized Cardioversion

Initial recommended doses:

- Narrow regular: 50-100 J
- Narrow irregular: 120-200 J biphasic or 200 J monophasic
- Wide regular: 100 J
- Wide irregular: defibrillation dose (NOT synchronized)

### Adenosine IV Dose:

First dose: 6 mg rapid IV push; follow with NS flush.  
Second dose: 12 mg if required.

### Antiarrhythmic Infusions for Stable Wide-QRS Tachycardia

#### Procainamide IV Dose:

20-50 mg/min until arrhythmia suppressed, hypotension ensues, QRS duration increases  $>50\%$ , or maximum dose 17 mg/kg given. Maintenance infusion: 1-4 mg/min. Avoid if prolonged QT or CHF.

#### Amiodarone IV Dose:

First dose: 150 mg over 10 minutes. Repeat as needed if VT recurs. Follow by maintenance infusion of 1 mg/min for first 6 hours.

#### Sotalol IV Dose:

100 mg (1.5 mg/kg) over 5 minutes. Avoid if prolonged QT.

# Aha Acls Guide

**Marco Cascella**



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