



AHA CPR

GUIDELINES UPDATE 2015



HIGH QUALITY CPR (ADULTS) GUIDELINES FOR BLS PROVIDERS

RECOGNITION OF CARDIAC ARREST

- CHECK FOR RESPONSIVENESS
- NO BREATHING OR ONLY BREATHING
- NO DEFINITE PULSE FELT WITHIN 10 SECONDS



01

ACTIVATION OF EMERGENCY RESPONSE SYSTEM

- IF YOU ARE ALONE WITH NO MOBILE PHONE, LEAVE THE VICTIM TO ACTIVATE THE EMERGENCY RESPONSE SYSTEM AND GET THE AED BEFORE BEGINNING CPR
- OTHERWISE, SEND SOMEONE AND BEGIN CPR IMMEDIATELY; USE THE AED AS SOON AS IT IS AVAILABLE

02



COMPRESSION-VENTILATION RATIO WITHOUT ADVANCED AIRWAY

1 OR 2 RESCUERS=30:2



03

COMPRESSION-VENTILATION RATIO WITH ADVANCED AIRWAY

- CONTINUOUS COMPRESSIONS AT A RATE OF 100-120 PER MINUTE
- GIVE 1 BREATH EVERY 6 SECONDS (10 BREATHS PER MINUTE)

04



COMPRESSION RATE

100-120 COMPRESSIONS PER MINUTE



05

COMPRESSION DEPTH

AT LEAST 2 INCHES (5 CM)

06



HAND PLACEMENT

2 HANDS ON THE LOWER HALF OF THE BRESTBONE (STERNUM)



07

CHEST RECOIL

ALLOW FULL RECOIL OF CHEST AFTER EACH COMPRESSION

08



MINIMIZING INTERRUPTIONS

- LIMIT INTERRUPTIONS IN THE CHEST COMPRESSIONS TO LESS THAN 10 SECONDS



09

DO'S AND DONT'S OF HIGH QUALITY CPR (ADULTS)

RESCUERS SHOULD

- PERFORM CHEST COMPRESSIONS AT A RATE OF 100-120 COMPRESSIONS PER MINUTE
- COMPRESS TO A DEPTH OF AT LEAST 2 INCHES
- ALLOW FULL RECOIL AFTER EACH COMPRESSION
- MINIMIZE PAUSES IN COMPRESSIONS
- VENTILATE ADEQUATELY

RESCUERS SHOULD NOT

- COMPRESS AT A RATE SLOWER THAN 100 COMPRESSIONS PER MINUTE OR FASTER THAN 120 COMPRESSIONS PER MINUTE
- COMPRESS TO A DEPTH OF LESS THAN 2 INCHES OR GREATER THAN 2.4 INCHES
- LEAN ON THE CHEST BETWEEN COMPRESSIONS
- INTERRUPT COMPRESSIONS FOR GREATER THAN 10 SECONDS
- PROVIDE EXCESSIVE VENTILATION

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<http://eccguidelines.heart.org/wp-content/uploads/2015/10/2015-AHA-Guidelines-Highlights-English.pdf>

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AACN Procedure Manual for Progressive and Critical Care - E-Book AACN,2023-07-07 American Journal of Nursing AJN Book of the Year Awards 1st Place in Critical Care Emergency Nursing 2024 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Critical Care Edited by the American Association of Critical Care Nurses and written by more than 100 critical care experts under the direction of Karen L Johnson PhD RN FAAN this definitive reference represents the gold standard of care for procedures performed in progressive and critical care settings It guides you through procedures common to the adult critical care environment including those performed by advanced practice nurses in an illustrated step by step format This edition now in full color features new procedures new and updated illustrations and updated content throughout reflecting the latest evidence based guidelines and national and international protocols Quick reference tabs make it easier than ever to locate content quickly This new edition integrates key AACN initiatives such as Practice Alerts and coordinates closely with the AACN Core Curriculum for Progressive and Critical Care Nursing 8th Edition Chapter specific quick links employ QR codes for instant access to high quality online references Edited by the American Association of Critical Care Nurses written by more than 100 expert critical care clinicians under the direction of Karen L Johnson PhD RN FAAN and extensively reviewed by more than 100 additional critical care experts to ensure the accuracy and currency Comprehensive coverage includes all procedures commonly performed in progressive and critical care settings including those performed by advanced practice nurses indicated by an AP icon Straightforward step by step organization uses consistent headings to make following a procedure and finding the various supporting elements quick and easy with bulleted lists tables and detailed illustrations throughout to ensure that content is easy to reference and follow Rationales for all interventions in patient and family education assessment patient preparation procedure and monitoring help students understand the rationale for every step and a level of evidence is provided when a research base exists to substantiate an intervention giving insight into the strength of recommendations NEW Additional procedures new and updated illustrations and updated content throughout reflect the latest evidence based guidelines and national and international protocols NEW Full color design with color reference tabs enhances navigation plus full color illustrations reinforce understanding UPDATED Key AACN initiatives such as Practice Alerts are integrated throughout and content coordinates with the AACN Core Curriculum for Progressive and Critical Care Nursing 8th Edition NEW Chapter specific quick links via QR codes provide quick access to online references which have been updated and limited to the highest value sources **Emergency**

Medical Technician-ambulance: National Standard Curriculum. Student Study Guide. Third Edition ,1984

Current Catalog National Library of Medicine (U.S.),1993 First multi year cumulation covers six years 1965 70

ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription David P. Swain,ACSM,Clinton A. Brawner,2012-12-26 ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription was created as a

complement to ACSM's Guidelines for Exercise Testing and Prescription and elaborates on all major aspects of preventative rehabilitation and fitness programs and the major position stands of the ACSM. The 7th edition provides information necessary to address the knowledge, skills, and abilities set forth in the new edition of Guidelines and explains the science behind the exercise testing and prescription. ACSM's Resource Manual is a comprehensive resource for those working in the fitness and clinical exercise fields as well as those in academic training.

Textbook of Emergency & Trauma Care

Devendra Richhariya, 2018-02-28 This book is a comprehensive guide to emergency and trauma care covering the complete process from pre-hospital care, rapid assessment and triaging to care of the patient during transfer and in-hospital care. Beginning with a general overview of emergency care and resuscitation, the following sections discuss the treatment of emergencies and trauma in different systems of the body. A complete section is dedicated to paediatric emergencies. The final chapters cover trauma management, toxicology, disaster management, and environmental emergencies such as thermal and chemical burns and snake bites. The descriptive text is further enhanced by more than 700 flowcharts, tables, diagrams, clinical photographs, and short notes to assist learning. Key points. Comprehensive guide to emergency and trauma care. Covers management of emergencies in different systems of the body. Includes section on paediatric emergencies. Highly illustrated with flowcharts, tables, diagrams, photographs, and short notes.

Manual of Emergency Airway

Management Ron M. Walls, Michael Francis Murphy, 2012 Manual of Emergency Airway Management now in its 4th edition is a practical guide to emergency airway management in any adult or pediatric patient and offers step-by-step instructions on techniques, drug administration, and prevention and management of complications. The book may be used in conjunction with the Difficult Airway Course™ or on its own. The text has been reorganized to reflect the decision-making process of emergency care providers treating the patient in distress. Features include: Completely reorganized chapters into cohesive sections. Expanded discussion of videolaryngoscopes including newer low-cost alternatives. More illustrations with expanded how-to descriptions. Revised and updated airway algorithms.

The Anesthesia Technician and Technologist's Manual

Glenn Woodworth, Jeffrey R. Kirsch, Shannon Sayers-Rana, 2012-10-22 The Anesthesia Technician and Technologist's Manual is a comprehensive review of the core knowledge necessary for the day-to-day workflow of an anesthesia technician or technologist. The text is arranged into seven sections: Careers in Anesthesia Technology, Anatomy, Physiology, and Pharmacology, Principles of Anesthesia, Equipment Setup, Operation, and Maintenance, Operating Room and Hospital Environment, Operating Room Emergencies, and Acronyms and Abbreviations. This is also an ideal resource for those preparing for the ASATT certifying examination.

The Academy Guide Bill Langan, Matthew Thomas, Shannon

Langan, Sabrina Reid, 2014-04-14 Welcome to The Academy Guide where we will help guide you from application through graduation and everything in between. Begin a career in the honorable and rewarding lifestyle of law enforcement, corrections, detention, or firefighting. Public Safety agencies require top candidates to fill their ranks. Therefore, the hiring process can be

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The Emergency Department Technician Handbook, E-Book Robert Shesser, Ali Pourmand, Amy Keim, 2022-10-20 Emergency Department Technicians EDTs play a vital role in actively supporting the medical team in today's hospitals and the role continues to expand in light of staffing shortages and increased emergency department volumes The Emergency Department Technician Handbook is a reliable comprehensive resource in this increasingly important field filling a timely need in EDT workforce development for both technicians and educators Concise readable text along with high quality clinical photos and a video library that depict procedures and patient positioning make this new handbook a must have resource in every emergency department Provides quick convenient access to practical guidance and everyday answers in an easy to read outline format Discusses key topics such as patient flow and assessment in the ED triage and point of care testing Advises on best practices for wound care including cleansing dressing and splinting a wound as well as how to set up a suture tray and advanced wound care techniques Covers essential imaging based procedures including the use of ultrasound guided IV Features a companion video library with a range of clips depicting how to perform procedures and patient examinations in real time

Cardiological Society of India: Cardiology Update 2014 H K Chopra, 2015-04-30 Tarascon Emergency Department Quick Reference Guide Pregerson, 2016-05-06 From the publishers of Tarascon Pocket Pharmacopoeia

Construction Hazardous Materials Compliance Guide R. Dodge Woodson, 2012-02-24 Disturbing asbestos materials during construction is a serious hazard that all contractors may encounter Because of the insidious nature of the material as a health hazard EPA regulations require that

even when a structure is to be completely demolished asbestos and all other hazardous materials must be removed by a qualified contractor prior to general demolition A construction contractor contemplating abatement work needs to ascertain regulatory applicability under one of the following OSHA approved state program Federal OSHA regulations applicable to the private sector and certain federal employees or OSHA approved Construction Worksite Compliance Guide to Asbestos provides the contractors building owners and inspectors with the current best management practices for asbestos removal and disposal methods Packed with checklist tables and quick lookup materials this manual provides a step by step approach for identifying asbestos complying with OSHA and EPA regulations as well as the safe disposal of asbestos Ascertain the presence of asbestos through testing Prepare the abatement plan Submit the plan to the state EPA or local municipality having jurisdiction Proper Waste Disposal techniques Scope of work [National Library of Medicine Audiovisuals Catalog](#) National Library of Medicine (U.S.), **Nursing Diagnosis Handbook - E-Book** Betty J. Ackley,Gail B. Ladwig,2010-02-18 Use this convenient resource to formulate nursing diagnoses and create individualized care plans Updated with the most recent NANDA I approved nursing diagnoses Nursing Diagnosis Handbook An Evidence Based Guide to Planning Care 9th Edition shows you how to build customized care plans using a three step process assess diagnose and plan care It includes suggested nursing diagnoses for over 1 300 client symptoms medical and psychiatric diagnoses diagnostic procedures surgical interventions and clinical states Authors Elizabeth Ackley and Gail Ladwig use Nursing Outcomes Classification NOC and Nursing Interventions Classification NIC information to guide you in creating care plans that include desired outcomes interventions patient teaching and evidence based rationales Promotes evidence based interventions and rationales by including recent or classic research that supports the use of each intervention Unique Provides care plans for every NANDA I approved nursing diagnosis Includes step by step instructions on how to use the Guide to Nursing Diagnoses and Guide to Planning Care sections to create a unique individualized plan of care Includes pediatric geriatric multicultural and home care interventions as necessary for plans of care Includes examples of and suggested NIC interventions and NOC outcomes in each care plan Allows quick access to specific symptoms and nursing diagnoses with alphabetical thumb tabs Unique Includes a Care Plan Constructor on the companion Evolve website for hands on practice in creating customized plans of care Includes the new 2009 2011 NANDA I approved nursing diagnoses including 21 new and 8 revised diagnoses Illustrates the Problem Etiology Symptom format with an easy to follow colored coded box to help you in formulating diagnostic statements Explains the difference between the three types of nursing diagnoses Expands information explaining the difference between actual and potential problems in performing an assessment Adds detailed information on the multidisciplinary and collaborative aspect of nursing and how it affects care planning Shows how care planning is used in everyday nursing practice to provide effective nursing care *Lesson Guide for Captioned Films, XX* ,1984 **Illustrated Manual of Nursing Practice** ,2002 Completely revised and updated this broad yet comprehensive edition contains twenty

nine chapters on nursing issues and clinical practice Topics cover practice and process documentation legal issues health promotion physical assessment I V therapy surgical care and more Disorders are organized by body system and feature an overview of anatomy and physiology assessment diagnostic tests medication treatment and home care with coverage of care for maternal neonatal pediatric geriatric emergency and psychiatric patients Added features include grabbing nursing procedure graphics complementary therapies clinical pathways and cultural information Over 1 000 illustrations charts and graphs enhance the text with a new appendix relating Internet sites for nurses *ACLS, CPR, and PALS* Shirley A.

Jones,2014-03-24 Here s all the information you need to respond to cardiac emergencies in one pocket sized book This quick reference guide provides easy to access coverage of all three levels of care infant child and adult plus listings for all drugs required for ACLS and PALS in both adult and pediatric dosages [A GUIDE TO PEDIATRIC TRACHEOTOMY CARE](#) Pat

Adamo-Tumminell,1993-01-01 This is a comprehensive guide for the care of pediatric tracheotomies prepared by a parent who has lived with the anxiety and frustrations that are a part of the everyday experience of those charged with the care of these children The tremendous social impact such a child makes on the entire family is formidable Pediatricians encourage parent participation and home care for all children capable of living at home The most disabled child can be maintained at home and even attend school with the proper medical nursing and social supports The author has written in layman s language with simple graphic illustrations for ease of comprehension The book should enable any parent who wants to bring a child back home again to be able to do so with the expert advice of the child s doctor and home care program *The KidsHealth Guide for Parents* Steven Dowshen,Neil Izenberg,Elizabeth Bass,2002-01-05 Accessible authoritative advice from the creators of the award winning KidsHealth website Now the pediatricians behind the celebrated KidsHealth org website which averages one million hits a day have created an exciting general children s health reference Packed with solid advice from medical experts and seasoned parents The KidsHealth Guide helps new parents master the basics of keeping their children healthy and gives veterans a chance to conveniently review the essentials User friendly and fun this comprehensive guide offers authoritative answers without intimidating length Lists tip boxes decision trees and bite size segments with clear headings allow parents especially the newer frazzled kind to find what they need fast Covers everything from prenatal care and to common illnesses emergencies safety growth and development chronic conditions special needs medications nutrition and invaluable suggestions on making effective and affordable use of the health care system **Manual of Critical Care**

Nursing - E-Book Marianne Saunorus Baird,Susan Bethel,2010-11-23 Revised format mirrors a practicing nurse s approach to patient care making it easier to find information Newly formatted care plans incorporate diagnoses interventions and desired outcomes in a consistent logical organization Patient safety alerts and high alerts call attention to issues important to a patient s safety Unique Diagnostic Tests tables highlight the definition purpose and abnormal findings for each test Unique Collaborative Management tables concisely summarize key points while incorporating nationally recognized guidelines

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web the prelude this is the first gallery that introduces the visitors to the flyer character in several languages the backroom is also filled with revolving 3d rotating gears that form a part of the inner working of the flyer the dreamscape it is the second gallery and showcases projections of geometric cutouts on a panoramic screen that together forms

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