

Chapter 11- Muscular Tissue

I. Functions of the muscular system

- A. body movement**
- B. maintenance of posture**
- C. respiration**
- D. body heat production**
- E. communication**
- F. constriction of organs and vessels**
- G. heart beat**

II. Universal Characteristics of Muscle

- A. Responsiveness (excitability to nerve impulses)**
- B. Conductivity (electrical)**
- C. Contractility (they can shorten)**
- D. Extensibility (lengthen after shortening)**
- E. Elasticity (stretch and return)**

III. Skeletal Muscle Structure

A. Muscle Fiber = Muscle Cell Fig 11.1

- 1. Large, cylindrical, multinucleated cell**
- 2. Develop from myoblasts**
 - a. Myoblast precursor cells join resulting in multinucleated cell**
 - b. Contractile proteins accumulate**
- 3. Muscle growth results from increase in muscle fiber size**
- 4. Size:**
 - a. Range from 1 mm to 4 cm long (up to 30 cm)**
 - b. Range from 10 to 100 μ m in diameter**

Anatomy And Physiology Workbook Answers Chapter 11

Janet Rae-Dupree, Pat DuPree



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Fundamentals of Anatomy and Physiology Workbook Ian Peate, 2017-03-20 This new study guide is a companion to the bestselling textbook *Fundamentals of Anatomy and Physiology for Nursing and Healthcare Students* and is designed to help and support you with this subject area by testing and consolidating your knowledge of anatomy and physiology. Jam packed with tips, hints, activities and exercises, this workbook will guide you through the core areas of anatomy and physiology and provide you with loads of help with your studies. Designed to support all styles of learning, *Fundamentals of Anatomy and Physiology Workbook* provides you with a wide range of activities including: Clear illustrations for tracing, copying, shading and colouring in; Blank diagrams for labelling; Multiple choice questions; Fill in the gap exercises; Learning tips and hints; Crosswords; Word searches. Also available: *Fundamentals of Anatomy and Physiology for Nursing and Healthcare Students* 2nd edition, the bestselling textbook upon which this study guide is based.

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