# THE TWO-FOLD PATH OF THE WARRIOR

Thomas Jotoshi Maienza & Michael Jutoshi Eichenberg



# Aiki Ninjutsu The Two Fold Path Of The Warrior

**Richard Strozzi-Heckler** 

#### Aiki Ninjutsu The Two Fold Path Of The Warrior:

Aiki Ninjutsu the Two-fold Path of the Warrior Thomas Maienza Jotoshi, Michael Jutoshi Eichenberg, 2009 A study of the martial art of Aiki Ninjutsu to include its history philosophy and training warrior strtegies Aiki Ninjutsu Michael Eichenberg, 2014-05-01 The fundamentals of the Aiki Ninjutsu martial art are covered in this book Learn the physical and mental principles taught from white to orange belt as well as more advanced concepts such as how to lock up a grounded attacker and how to deal with multiple attackers Parroting the Precepts of the Twofold Path of Learning and Martial Arts Howard Hibbett. 2009 The Art of Peace Morihei Ueshiba, 2005 The inspirational teachings in this collection show that the real way of the warrior is based on compassion wisdom fearlessness and love of nature The teachings are drawn from the talks and writings of Morihei Ueshiba founder of the popular Japanese martial art of Aikido a mind body discipline he called the Art of Peace which offers a nonviolent way to victory in the face of conflict Ueshiba believed that Aikido principles could be applied to all the challenges we face in life in personal and business relationships and in our interactions with society This is an expanded version of the original miniature edition that appeared in the Shambhala Pocket Classics series It features a new introduction by John Stevens recently translated doka didactic poems of the Way and Aikido and the New Warrior Richard Strozzi-Heckler, 1985 Essays which illuminate Aikido Ueshiba s own calligraphy concepts as they apply to many different walks of life sports nature anger martial arts training death and aging to name a few Please note that this book does not include information on martial arts techniques

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