# AIKI COMBAT

Orange Belt Quick Reference Manual







# Aiki Combat Jujits Black Belt Quick Reference Manual

**Leann Rathbone** 

#### Aiki Combat Jujits Black Belt Quick Reference Manual:

Aiki Combat Jujits Black Belt Quick Reference Manual Leann Rathbone, 2014-12-22 Welcome to Aiki Combat Jujitsu In this manual Calvin Metz along with his students teaches you his system of Aiki Combat Jujitsu With 40 years in the martial arts he has studied Hapkido and Diato Ryu Aiki Jujitsu under Sensei Sterling Dyson He has blended these styles with many others to make one of the most effective systems of self defense This manual goes over the requirements for Black Belt in Aiki Combat Jujits this manual is designed to add the student while they are learning our system not teach it to them This book goes hand in hand with the DVD There are no pictures but a complete description of all the requirements that are Black Belt, 2000-06 The oldest and most respected martial arts title in the needed for this belt including katas and drills industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books and videos including many about the works of Bruce Lee the best known marital **Black Belt**, 2000-09 The oldest and most respected martial arts title in the industry this popular arts figure in the world monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books and videos including many about the works of Bruce Lee the best known marital arts figure in the world

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