

# Chapter 4: Muscular System

*Grade 12, Medical Terminology  
Prepared by Cassidy Marvin*

## Functions of Muscular System:

- Holding body erect and making movement possible
- Generating body heat
- Moving food through digestive system
- Assisting with blood flow
- Moving fluids through ducts/ tubes associated with other body systems

## Structures of Muscular System:

- Include
  - Muscles (muscul/o, my/o, myos/o)
  - Fibers
  - Fascia (fasci/o)
  - Tendons (ten/o, tend/o, tendin/o)
- Muscular and skeletal systems work together to provide form, support, stability, and movement



## Fascia:

- A band of connective tissue that envelopes, separates, or binds together muscles or groups of muscles
- Flexible to allow muscle movements
- Plural: Fasciae or fascias
- Myofascial
  - (my/o: muscle; fasci: fascia; -al: pertaining to)

# Anatomy Chapter 6 Packet The Muscular System

**R Pring**



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