

ANATOMY AND PHYSIOLOGY

23 PAGES GUIDE

Visual learner Notes

Introduction to Anatomy and Physiology

Definition: The study of the structure and function of the human body.

Branches:

- Anatomy:** The study of the structure of the body.
- Physiology:** The study of the function of the body.

Levels of Organization:

1. Chemical level
2. Cellular level
3. Tissue level
4. Organ level
5. Organ system level
6. Organism level

Homeostasis

Definition: The process by which the body maintains a stable internal environment.

Components:

- Stimulus:** A change in the environment that triggers a response.
- Receptor:** A sensor that detects the stimulus.
- Control Center:** The brain or other part of the body that processes the information from the receptor.
- Effector:** A muscle or gland that carries out the response.

Cell Structure

Cell: The basic unit of life.

Parts of a Cell:

- Cell Membrane:** The outer boundary of the cell.
- Nucleus:** The control center of the cell.
- Mitochondria:** The powerhouses of the cell.
- Ribosomes:** The sites of protein synthesis.

Integumentary System

Definition: The system of the body that covers and protects the internal organs.

Components:

- Skin:** The largest organ of the body.
- Hair:** Filaments of keratin that grow from the skin.
- Nails:** Hard, dead tissue that grows from the skin.

Muscular System

Definition: The system of the body that provides movement.

Components:

- Muscles:** Tissues that contract to produce movement.
- Myofibrils:** The basic units of muscle contraction.

Cardiovascular System

Definition: The system of the body that transports blood.

Components:

- Heart:** The pump that circulates blood.
- Blood Vessels:** Tubes that carry blood to and from the body.

Respiratory System

Definition: The system of the body that takes in oxygen and removes carbon dioxide.

Components:

- Lungs:** The organs that exchange gases.
- Trachea:** The windpipe that carries air to the lungs.

Digestive System

Definition: The system of the body that breaks down food into nutrients.

Components:

- Mouth:** The place where food enters the body.
- Stomach:** The organ that churns food into a liquid.
- Intestines:** The organs that absorb nutrients from food.

Endocrine System

Definition: The system of the body that uses hormones to regulate the body.

Components:

- Hypothalamus:** The part of the brain that controls the endocrine system.
- Pituitary Gland:** The gland that releases hormones.
- Thyroid Gland:** The gland that produces thyroid hormone.

Immune System

Definition: The system of the body that defends against disease.

Components:

- White Blood Cells:** Cells that fight infection.
- Antibodies:** Proteins that bind to and destroy pathogens.



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Reproductive System

Male Reproductive System:

- Testes:** The glands that produce sperm.
- Vas Deferis:** The tube that carries sperm from the testes.
- Uterus:** The organ that carries the developing fetus.

Reproductive System

Female Reproductive System:

- Ovaries:** The glands that produce eggs.
- Uterus:** The organ that carries the developing fetus.
- Vagina:** The canal that leads from the uterus to the outside of the body.

Reproductive System

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Patrick Vollmar



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