Muscular System

- The flesh or "Meat" (SARCO / MYO)
- · The " Engines of the body"
- About 40-50% of the body weight
- Bundle of fibers having properties of contraction and relaxation in which motion is produced.

Did you know that?

There are as many as 850 muscles in the human body.

There are about 620 are voluntary muscles.

Muscles

- Are composed of cells specialized for
 - Contractility
 - Extensibility
 - Elasticity
- Together with skeletal system produce movement.

Chemical Composition

Muscles contain about:

- 75% water
- 20% protein
- 5% carbohydrates, lipid, inorganic salts, ATP and phosphocreatine

GLYCOGEN - is the main CHO in the muscle derived from glucose (about 0.5-1.0% of the muscle)

Purposes of muscle function

- Contraction for locomotion and skeletal movement
- 2. contraction for propulsion
- contraction for pressure regulation

General Function

- A. Locomotion
- Skeletal muscles produce movement of the body or its part through contraction and relaxation.
- Muscles move the bones around the joints.
- B. Maintenance of Posture
- The continued partial contraction of skeletal muscles make possible standing, sittin,g and other maintained position.
- C. Heat production
- Muscle cells produce heat by catabolism.
- Skeletal muscles are the heating plant of the body.
- 25% efficient in converting chemical energy into work.
 - Shivering indicates the need to generate heat through muscle contraction
- D. Heart Contraction
- Pumping motion of the heart propels blood through the body.
- E. Respiration
- Respiratory muscles like the diaphragm and intercostal muscles continue to function as long as we live.
- F. Peristalsis
- Movement of nutrient materials along GIT
- G. Urine transport from the kidney To the bladder
- H. Bladder emptying
- I. Defecation
- Bowel elimination
- J. Helps In labor and delivery
- Uterine contraction until the birth of the baby.

Answer Key Anatomy Ch 7 Muscular System

Jahangir Moini

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the mid to late 1990s Paul Iaizzo and his team were performing anesthesia research on isolated guinea pig hearts We found the work appealing but it was unclear how this research might apply to our interest in tools to aid in the design of implantable devices for the cardiovascular system As discussions progressed we noted that we would be far more interested in reanimation of large mammalian hearts in particular human hearts Paul was confident this could be accomplished on large hearts but thought that it would be unlikely that we would ever have access to human hearts for this application We shook hands and the collaboration was born in 1997 In the same year Paul and the research team at the University of Minnesota including Bill Gallagher and Charles Soule reanimated several swine hearts Unlike the previous work on guinea pig hearts which were reanimated in Langendorff mode the intention of this research was to produce a fully functional working heart model for device testing and cardiac research HESI A2 Study Guide Tyler L. Jackson, 2025-01-04 Are you preparing for the HESI A2 exam and feeling overwhelmed by the range of subjects you need to master Whether you re aiming to pursue a nursing career or advance your healthcare studies this comprehensive study guide is designed to help you excel From foundational knowledge to exam specific tips this guide provides the clarity and structured approach you need to tackle the HESI A2 with confidence This expertly crafted study guide covers all the essential subjects tested on the HESI A2 including Mathematics Reading Comprehension Grammar Vocabulary Biology Chemistry Anatomy and Physiology Physics and Critical Thinking Each chapter breaks down complex concepts into manageable sections providing clear explanations and detailed examples that ensure you understand the material thoroughly With a focus on practical application this guide not only helps you grasp key principles but also trains you in effective test taking strategies It offers hundreds of practice questions with detailed answers and explanations to reinforce your knowledge ensuring you are well prepared for the actual exam You ll also find helpful tips for managing your time during the test and boosting your overall test performance Our approach ensures that you are not just memorizing facts but are gaining a deep understanding of the material Whether you need to brush up on basic math operations master reading comprehension techniques or sharpen your knowledge of human biology and chemistry this guide has you covered Additionally it provides insight into common pitfalls and how to avoid them ensuring that you feel prepared for even the most challenging questions. The guide also includes a section on critical thinking and decision making skills which are vital for nursing and healthcare professions These skills will not only help you succeed on the HESI A2 exam but also throughout your nursing career Whether you re a first time test taker or looking to improve your score this guide offers everything you need to succeed With detailed explanations expert tips and a structured study plan it s the perfect resource to help you pass the HESI A2 exam and move one step closer to your dream of becoming a nurse Start your journey today and take the first step toward a rewarding healthcare career

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