

THE ULTIMATE CPR GUIDE

EVERYTHING YOU NEED TO KNOW FOR ADULT, CHILD, INFANT AND PET CPR

5 STEPS TO PERFORMING CPR

1 ASSESS SCENE SAFETY



Check the area for any safety hazards that may be harmful to you

2 CHECK FOR RESPONSIVENESS



Tap the victim's shoulder and shout, "Are you OK?"

3 LOOK FOR NORMAL BREATHING



Look for normal chest rise and fall

4 CALL 9-1-1



If no response, call 9-1-1 or your emergency number to get on scene and the victim is lying on a firm and flat surface lying on their back

5 START CPR



If not breathing and no response

ADULT

STEPS FOR HOW TO PERFORM ADULT CPR (18 YEARS+)

1 GIVE 30 CHEST COMPRESSIONS

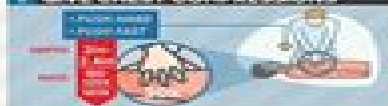


2 GIVE 2 RESCUE BREATHS



20X

3 GIVE CHEST COMPRESSIONS



4 GIVE 2 RESCUE BREATHS



20X

5 GIVE 30 CHEST COMPRESSIONS



20X

CHILD

STEPS FOR HOW TO PERFORM CHILD CPR (1 YEAR - 12 YEARS)

1 GIVE 30 CHEST COMPRESSIONS



2 GIVE 2 RESCUE BREATHS



20X

3 GIVE CHEST COMPRESSIONS

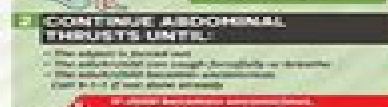


4 GIVE 2 RESCUE BREATHS



20X

5 GIVE 30 CHEST COMPRESSIONS



20X

INFANT

STEPS FOR HOW TO PERFORM INFANT CPR (0 - 1 YEAR)

1 GIVE 30 CHEST COMPRESSIONS



2 GIVE 2 RESCUE BREATHS



20X

3 GIVE CHEST COMPRESSIONS

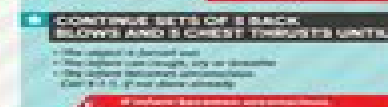


4 GIVE 2 RESCUE BREATHS



20X

5 GIVE 30 CHEST COMPRESSIONS



20X

PET

STEPS FOR HOW TO PERFORM PET CPR

1 CHECK FOR BREATHING AND A PULSE



2 IF NO PULSE, START CPR



20X

3 GIVE CHEST COMPRESSIONS



4 GIVE 2 RESCUE BREATHS



20X

5 GIVE 30 CHEST COMPRESSIONS



20X

★ CONTINUE COMPRESSION OR 30 COMPRESSIONS AND 2 BREATHS UNTIL:



• The victim begins to breathe

• An AED is ready to use

• A trained rescuer arrives

• You are too exhausted to continue

2015 Cpr Guide

Gregory R. Lisciandro



2015 Cpr Guide:

Pediatric Advanced Life Support Study Guide Aehlert, 2017-01-16 Fully revised to meet the 2015 CPR ECC Guidelines and to prepare students and professionals for PALS certification and recertification Pediatric Advanced Life Support Study Guide Fourth Edition provides a clear and complete approach to managing pediatric emergencies Designed for use by the spectrum of healthcare professionals the Fourth Edition provides users with the critical information needed to approach real life pediatric emergencies The Fourth Edition includes End of chapter quizzes with answers and objectives as well as a comprehensive posttest to gauge material comprehension Case studies at the end of appropriate chapters for practice with real world material application Clear procedural explanations written in descriptive yet accessible language A refined Table of Contents including standalone chapters on cardiac dysrhythmias for focused learning and study PALS Pearl boxes for text to everyday clinical application In text references for deeper research if desired [ACLS Study Guide - E-Book](#) Barbara J Aehlert, 2016-10-06 Awarded second place in the 2017 AJN Book of the Year Awards in the Critical Care Emergency Nursing category Provide the best possible emergency cardiovascular care using the newest ECC guidelines ACLS Study Guide 5th Edition offers a complete full color overview of advanced cardiovascular life support An easy to read approach covers everything from airway management to cardiac arrest rhythms and their management electrical therapy acute coronary syndromes and acute stroke In addition to the latest ACLS treatment algorithms this edition includes case studies and hundreds of full color photos and illustrations Case studies present common realistic clinical situations helping you learn and apply skills in cardiac rhythm interpretation medication administration and other essential interventions ACLS Pearls boxes offer brief explanations of complex topics and useful tips for clinical practice End of chapter quizzes include answers and rationales helping you learn and remember the most important information Easy to understand approach simplifies your study of advanced cardiac life support thanks to Barbara Aehlert's unique conversational writing style NEW UPDATED content centers on evidence based practice recommendations including the 2015 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care and the 2015 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations NEW Improved format integrates all case studies into the appropriate chapters so that you can apply concepts immediately to real world situations **Textbook of Emergency & Trauma Care** Devendra Richhariya, 2018-02-28 This book is a comprehensive guide to emergency and trauma care covering the complete process from pre hospital care rapid and point of care assessment and triaging to care of the patient during transfer and in hospital care Beginning with a general overview of emergency care and resuscitation the following sections discuss the treatment of emergencies and trauma in different systems of the body A complete section is dedicated to paediatric emergencies The final chapters cover trauma management toxicology disaster management and environmental emergencies such as thermal and chemical burns and snake bites The

descriptive text is further enhanced by more than 700 flowcharts tables diagrams clinical photographs and short notes to assist learning Key points Comprehensive guide to emergency and trauma care Covers management of emergencies in different systems of the body Includes section on paediatric emergencies Highly illustrated with flowcharts tables diagrams photographs and short notes

Codes of Ethics and Ethical Guidelines Kelly Laas, Michael Davis, Elisabeth Hildt, 2022-01-03 This book investigates how ethics generally precedes legal regulation and looks at how changes in codes of ethics represent an unparalleled window into the research innovation and emerging technologies they seek to regulate It provides case studies from the fields of engineering science medicine and social science showing how professional codes of ethics often predate regulation and help shape the ethical use of emerging technologies and professional practice Changes in professional ethics are the crystallization of ongoing conversation in scientific and professional fields about how justice privacy safety and human rights should be realized in practice where the law is currently silent This book is a significant addition to this area of practical and professional ethics and is of particular interest to practitioners scholars and students interested in the areas of practical and applied ethics

Point-of-Care Ultrasound Techniques for the Small Animal Practitioner Gregory R. Lisciandro, 2021-03-30 Dieses wegweisende Fachbuch wurde gründlich bearbeitet und aktualisiert. Präsentiert werden fokussierten Ultraschalluntersuchungen des Abdomens Thorax Bewegungssystems und des Auges in der veterinärmedizinischen Praxis. Auch die 2. Auflage ist das Referenzwerk für gezielte Ultraschalluntersuchungen in der klinischen Praxis. Neue Anwendungen werden vorgestellt und weitere Tierarten berücksichtigt. Videoclips der verschiedenen Verfahren können auf der begleitenden Website abgerufen werden. Gezeigt werden Ultraschallaufnahmen aus der Praxis, die als Vergleich dienen können und die Fachrichtung verdeutlichen. Die 2. Auflage von Point of Care Ultrasound Techniques for the Small Animal Practitioner enthält neue Kapitel zu ultraschallgestützten Nervenblockaden Ultraschalluntersuchungen des Bewegungsapparats des Gehirns sowie Anwendungsbereiche des Verfahrens bei Katzen Exoten und Meeressäugern. Das Buch ist ein Muss für Veterinärmediziner, die Ultraschalluntersuchungen in ihrer Praxis anbieten möchten. Präsentiert einen Standardansatz für den Einsatz von Ultraschall als Erweiterung der körperlichen Untersuchung bei Traumata sonstigen Ursachen und Monitoring Anwendungen. Zeigt neue Verfahren für fokussierte Ultraschalluntersuchungen u.a. der Lunge in der Anästhesie ultraschallgestützten Nervenblockaden bei transkraniellen Bildgebungsverfahren Untersuchungen des Bewegungsapparats zur Evaluation des Volumenstatus und der schnellen Diagnostik bei behandelbaren Schockzuständen. Zeigt die Verfahren jetzt auch bei Katzen Exoten Wildtieren und Meeressäugetieren neben den bisherigen Leitlinien für Hunde. Erläutert insbesondere die Vorteile von Ultraschall zur Optimierung der Patientenversorgung und für eine präzise Diagnostik. Begleitende Website mit Videoclips zu klinisch relevanten Lernbeispielen. Die 2. Auflage von Point of Care Ultrasound Techniques for the Small Animal Practitioner ist ein ausgezeichnetes Referenzwerk für Veterinärmediziner von Veterinärmedizinern für Haustiere bis hin zu Spezialisten in Tierkliniken, darunter Tierärzte der Fachrichtungen Innere

Medizin Onkologie Kardiologie Notfall und Intensivmedizin Anästhesie Augenheilkunde Fachtierärzte für Exoten und Zootiere sowie für Studenten der Veterinärmedizin **JRCALC Clinical Guidelines 2019** Association of Ambulance Chief Executives, Joint Royal Colleges Ambulance Liaison Committee, 2019-08-05 The Joint Royal Colleges Ambulance Liaison Committee guidelines are the essential resource for paramedics The 2019 edition of the book has been brought up to date with the latest evidence and developments in clinical practice JRCALC combines expert advice with practical guidance to help paramedics in their challenging roles with the overall objective of improving patient care Key updates are Resuscitation and cardiac arrest The pathophysiology of cardiac arrest checklist use and pulseless electrical activity is discussed extensively within the context of every day out of hospital practice A new guideline on tracheostomy and laryngectomy is included alongside clinical skills photographs Consent and patient confidentiality The guideline is brought up to date with the Data Protection Act 2018 following the General Data Protection Regulations Mental health presentation crisis distress and disordered behaviour A reviewed guideline supports the clinician with practical help on the assessment and management of different mental health illnesses Major complex and high risk Incidents A revision by the National Ambulance Resilience Unit covers poisons rail incidents and police incapacitants New medicines are included Activated charcoal duodenal and morphine sulfate for end of life care Other reviews and updates include head injury hyperventilation syndrome stroke respiratory illness in children and acute coronary syndrome **Practice Nursing** Theresa Lowry-Lehnen, 2018-12-08 Practice Nurses play an important and pivotal role in healthcare providing a range of interventions and services to patients in General Practice and Primary Care settings While most Practice Nurses work in GP surgeries and doctor led clinics others are working as autonomous practitioners in community practices and nurse led centres Practice Nurses are presented with an ever increasing range of conditions and patient needs as the role is constantly changing and evolving The extended roles and range of clinical skills which may be provided by a Practice Nurse depend on the needs of the patient and the qualifications skills competencies and scope of practice of each individual Practice Nurse NMBI 2015 Practice Nurses have a responsibility to ensure that they are suitably qualified skilled and competent in carrying out each clinical procedure and intervention that they undertake Developing guidelines for clinical practice is an important part of the Practice Nurse role but the task of researching developing and producing guidelines is time consuming and it can be difficult to find the information required as and when needed Practice Nursing Clinical Guidelines and Procedures in Practice written by a Practice Nurse and based on local and national guidelines provides a comprehensive overview and a step by step guide for nurses carrying out a wide range of clinical procedures in practice The book contains over 100 clinical guidelines and procedures with illustrations tables charts and diagrams In producing these clinical guidelines the author hopes that this book will prove useful as a resource and reference guide for other nurses in general practice and primary care settings *Critical Heart Disease in Infants and Children E-Book* Ross M. Ungerleider, Kristen Nelson McMillan, David S. Cooper, Jon N. Meliones, Jeffrey

Jacobs,2018-09-26 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Pediatric Surgery Now in brilliant full color and reflecting recent significant changes in the field Critical Heart Disease in Infants and Children 3rd Edition keeps you abreast of the skills and knowledge required to safely care for children with congenital and acquired heart disease in the ICU Pediatric intensivists cardiologists cardiac surgeons and anesthesiologists from leading centers around the world provide a well rounded perspective on basic scientific principles medical and pharmacologic treatments surgical techniques and equipment Features comprehensive updates throughout the text including indications techniques potential complications in perioperative management of patients and surgical techniques for congenital heart disease Covers recent advances in the treatment of pulmonary hypertension developments in mechanical assist devices heart and lung transplantation and interventional cardiac catheterization Features an all new full color format that speeds navigation and helps clarify complex concepts Contains 27 new chapters with an emphasis on the team approach to patient care in the ICU including creating multidisciplinary teams quality and performance improvement training and challenges and solutions to developing a cohesive team environment Includes a detailed chapter on bedside ultrasound walking you through the techniques you're most likely to encounter in the ICU Employs well documented tables text boxes and algorithms to make clinical information easy to access and more than two dozen video clips provide a more complete understanding of echocardiography imaging modalities pulmonary hypertension and more Describes the basic pharmacology and clinical applications of new pharmacologic agents Examines issues affecting adults with congenital heart disease Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text figures and references from the book on a variety of devices Offers four completely new chapters Cardiac Trauma Congenital Heart Disease in the Adult Congenitally Corrected Transposition of the Great Arteries and Outcome Evaluation Describes the basic pharmacology and clinical applications of all of the new pharmacologic agents Details important refinements and developments in surgical techniques including the Ross pulmonary autograft replacement of the aortic valve video assisted fluoroscopy and the extracardiac Fontan connection and discusses their indications and potential complications Explores the latest advances in the treatment of pulmonary hypertension new developments in mechanical assist devices heart and lung transplantation and interventional cardiac catheterization Examines issues affecting adults with congenital heart disease *Canadian Clinical Nursing Skills and Techniques E-Book* Shelley Cobbett, Anne G. Perry, Patricia A. Potter, Wendy R. Ostendorf, 2019-05-21 NEW Fully revised for a Canadian classroom includes Canadian statistics references and resources protocols documentation standards delegation rules Canadian nursing best practice guidelines metric measurements and more NEW All topics skills and sample documentation conform to Canadian provincial and territorial scopes of practice and Canadian standards in nursing practice NEW Inclusion of Canadian concepts Person Centred Care Evidence Informed Practice Interprofessional Collaboration and Delegation and Care in the Community NEW Greater emphasis on cultural assessment considerations and

caring for Indigenous and vulnerable populations NEW Thoroughly revised chapters reflect Canadian practice and guidelines including Emergency Preparedness and Disaster Management Palliative Care Cardiac Care Vascular Access and Infusion Therapy Oral Nutrition and Prevention of Skin Breakdown and Wound Care NEW Enhanced and updated art program includes 70 new figures **Guide - Cardiovascular + Lymphatic System - 2021/37** Akash Tiwari, 2021-08-26 Books prepared as per NORCET AIIMS RRB ESIC DSSSB JIPMER PGIMER GMERS COH GUJARAT etc FAQs IMP Topics are Covered Highly Successful Team Chosen Contents Also Available in English Gujarati Hindi

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