

3.2 Annual Teaching Plan

TOPIC	TERM 1	GRADE 10
WEEKS 1 - 3		Recommended resources
Development of the self in society	3 hours	Textbook
- Strategies to enhance self-awareness, self-esteem and self-development: factors influencing self-awareness and self-esteem including media - Strategies to build confidence in self and others: communication, successful completion of tasks or projects, participation in community organisation or life, making good decisions and affirmation of others - Acknowledge and respect the uniqueness of self and others and respect differences (race, gender and ability) - Definition of concepts: power, power relations, masculinity, femininity and gender - Differences between a man and a woman: reproduction and roles in the community, stereotypical views of gender roles and responsibilities, gender differences in participation in physical activities - Influence of gender inequality on relationships and general well-being: sexual abuse, teenage pregnancy, violence, STIs including HIV and AIDS - Value of participation in exercise programmes that promote fitness: cardiovascular fitness, muscular strength, endurance and flexibility - Relationship between physical and mental health		
Physical Education	3 hours	Textbook, resources on physical fitness
- Participation in activities that promote physical fitness - Safety issues relating to participation in fitness exercises		
WEEKS 4 - 6		
Careers and career choices	3 hours	Textbook, resources on career guidance
- Knowledge about self in relation to own subjects, career fields and study choices: interests, abilities, talents and strengths - Difference between career field, occupation, career and job - Requirements for National Curriculum Statement (NCS): various subjects and career options, steps in choosing and decision-making process - Knowledge about life domains: being (physical, psychological and spiritual), becoming (practical, leisure and growth) and community (social, physical and community) - Socio-economic factors as considerations for career and study choices: community needs, availability of finances, affordability, stereotyping, accessibility and impact of income tax on final salary package		
Physical Education	3 hours	Textbook, resources on physical fitness
- Participation in activities that promote physical fitness - Participation and movement performance in physical fitness activities		
WEEKS 7 - 10		
Democracy and human rights	4 hours	Textbook, newspaper articles, Bill of Rights, SA Constitution
- Concepts: diversity, discrimination and violations of human rights - Contexts: race, religion, culture, language, gender, age, rural/urban, xenophobia, human trafficking and HIV and AIDS status - Bill of Rights, International Conventions and Instruments: Convention on the Rights of the Child, the African Charter on the Rights and Welfare of Children, Committee on the Elimination of Discrimination Against Women (CEDAW) and other bills, charters and protection agencies, rules, codes of conduct and laws - Types of discriminating behaviour and violations: incidences of discriminating behaviour and human rights violations in SA and globally - The nature and source of bias, prejudice and discrimination: impact of discrimination, oppression, bias, prejudice and violations of human rights on individuals and society - Challenging prejudice and discrimination: significant contributions by individuals and organisations to address human rights violations - Contemporary events showcasing the nature of a transforming South Africa: South African initiatives and campaigns, one's own position, actions and contribution in discussions, projects, campaigns and events which address discrimination and human rights violations, nation-building and protection agencies and their work		

2014 Exemplar Life Orientation

**Gesine Lenore Schiewer, Jeanette
Altarriba, Bee Chin Ng**



2014 Exemplar Life Orientation:

Narrative, Calling, and Missional Identity in 1 Peter David Shaw, 2023-11-13 A story well told and subsequently imbibed by its recipients has the power to shape one's beliefs, identity, and way of life. So what happens when a person or community is swept up in such a story? In this study, Shaw draws upon the dual methodologies of Narrative Transportation and Social Identity theories to consider how 1 Peter's use of Old Testament narratives and language serves to transport its recipients into an identity defined as elect sojourners. Amidst suffering, 1 Peter calls the Anatolian believers to a priestly ministry, blessing their antagonists as they await their eternal glory in Christ.

The Partisan Next Door Ethan C. Busby, Adam J. Howat, Jacob E. Rothschild, Richard M. Shafranek, 2021-09-29 In the United States, politics has become tribal and personalized. The influence of partisan divisions has extended beyond the political realm into everyday life, affecting relationships and workplaces as well as the ballot box. To help explain this trend, we examine the stereotypes Americans have of ordinary Democrats and Republicans. Using data from surveys, experiments, and Americans' own words, we explore the content of partisan stereotypes and find that they come in three main flavors: parties as their own tribes, coalitions of other tribes, or vehicles for political issues. These different stereotypes influence partisan conflict: people who hold trait-based stereotypes tend to display the highest levels of polarization, while holding issue-based stereotypes decreases polarization. This finding suggests that reducing partisan conflict does not require downplaying partisan divisions but shifting the focus to political priorities rather than identity. A turn to what we call responsible partisanship.

The Healing Power of Hip Hop Raphael Travis Jr., 2015-12-14 Using the latest research, real-world examples, and a new theory of healthy development, this book explains Hip Hop culture's ongoing role in helping Black youths to live long, healthy, and productive lives. In *The Healing Power of Hip Hop*, Raphael Travis Jr. offers a passionate look into existing tensions aligned with Hip Hop and demonstrates the beneficial quality it can have in empowering its audience. His unique perspective takes Hip Hop out of the negative light and shows readers how Hip Hop has benefited the Black community. Organized to first examine the social and historical framing of Hip Hop culture and Black experiences in the United States, the remainder of the book is dedicated to elaborating on consistent themes of excellence and well-being in Hip Hop and examining evidence of new ambassadors of Hip Hop culture across professional disciplines. The author uses research-informed language and structures to help the reader fully understand how Hip Hop creates more pathways to health and learning for youth and communities.

VIA Character Strengths: Theory, Research and Practice Hadassah Littman-Ovadia, Philippe Dubreuil, Maria Christina Meyers, 2021-06-01 The Guest Editors would like to express their profound gratitude to Pavel Freidlin for his valuable work in initiating this Research Topic and actively contributing to it.

Cop Shows Roger Sabin, Ronald Wilson, Linda Speidel, 2015-03-23 From cops who are paragons of virtue to cops who are as bad as the bad guys, from surly loners to upbeat partners, from detectives who pursue painstaking investigation to loose cannons who just want to kick down the door, the

heroes and anti heroes of TV police dramas are part of who we are They enter our living rooms and tell us tall tales about the social contract that exists between the citizen and the police Love them or loathe them according to the ratings we love them they serve a function They've entertained informed and sometimes infuriated audiences for more than 60 years This book examines Dragnet Highway Patrol Naked City The Untouchables The F B I Columbo Hawaii Five O Kojak Starsky Hutch Hill Street Blues Cagney Lacey Miami Vice Law Order Homicide Life on the Street NYPD Blue CSI The Shield The Wire and Justified It's time to take another look at the perps the vics and the boys and girls in blue and ask how their representation intersects with questions of class gender sexuality and race What is their socio cultural agenda What is their relation to genre and televisuality And why is it that when a TV cop gives a witness his card and says call me that witness always ends up on a slab

Language and Emotion. Volume 2 Gesine Lenore Schiewer, Jeanette Altarriba, Bee Chin Ng, 2022-11-07 The handbook Language and Emotion is intended to give a historical and systematic profile of the area It will aim to connect contemporary and historical theories approaches and applications and to cover eastern and western perspectives of language communication and emotion It will present all relevant aspects of language and emotion and thus contribute significantly to research in the field of linguistics and semiotics of emotion

International Security Management Gabriele Jacobs, Ilona Suojanen, Kate E. Horton, Petra Saskia Bayerl, 2020-08-07 This book offers a new look at international security management combining practical applications and theoretical foundations for new solutions to today's complex security and safety challenges The book's focus on safety as a positive experience complements the traditional approach to safety as risks and threats In addition its multi stakeholder multi disciplinary international and evidence based approach provides holistic and timely insights for the field Topics raised in this book focus on the crucial questions of Who is safety actually for and How can sustainable safety solutions be jointly created This book provides comprehensive insights into the latest research findings practical applications and suggestions for dealing with challenges in international security management in integrated and sustainable ways making it relevant reading for practitioners as well as academics and students with a view to obtaining thorough first hand knowledge from serving experts in the field We explore new ways of working with citizens police and policymakers in order to co create safety This book emphasises the importance of safety as a topic that matters for all Safety and security are basic pillars for the development of our society However the number of areas actors and procedures involved in the management of the different elements composing the international security ecosystem its coordination and alignment make it a challenging issue to resolve This book provides a fresh new approach to this complex issue in which we all have a role to play Fernando Ruiz Acting Head of European Cyber Crime Centre Europol A very timely analysis that brings a much needed international perspective to the field of security management The authors explore the challenges confronting security management in a complex and connected world and generate new ideas to support practice and inspire research Professor Mark Griffin John Curtin Distinguished Professor Curtin University Director Future of Work Institute This book

presents the role of International Security Management in the 21st century in an innovative way Dr Christian Endre Managing Director ASW Bundesverband German Association for Security in Industry and Commerce

Time Issues in Strategy and Organization T. K. Das, 2019-10-01 The field of strategy science has grown in both the diversity of issues it addresses and the increasingly interdisciplinary approaches it adopts in understanding the nature and significance of problems that are continuously emerging in the world of human endeavor These newer kinds of challenges and opportunities arise in all forms of organizations encompassing private and public enterprises and with strategies that experiment with breaking the traditional molds and contours The field of strategy science is also perhaps inevitably being impacted by the proliferation of hybrid organizations such as strategic alliances the upsurge of approaches that go beyond the customary emphasis on competitiveness and profit making and the intermixing of time honored categories of activities such as business industry commerce trade government the professions and so on The blurring of the boundaries between various areas and types of human activities points to a need for academic research to address the consequential developments in strategic issues Hence research and thinking about the nature of issues to be tackled by strategy science should also cultivate requisite variety in issues recognized for research inquiry including the conceptual foundations of strategy and strategy making and the examination of the critical roles of strategy makers strategic thinking time and temporalities business and other goal choices diversity in organizing modes for strategy implementation and the complexities of managing strategy to name a few This book series on Research in Strategy Science aims to provide an outlet for ideas and issues that publications in the field do not provide either expressly or adequately especially as regards the comprehensive coverage deserved by certain emerging areas of interest The topics of the volumes in the series will keep in view this objective to expand the research areas and theoretical approaches routinely found in strategy science the better to permit expanded and expansive treatments of promising issues that may not sufficiently align with the usual research coverage of publications in the field Time Issues in Strategy and Organization contains contributions by leading scholars on time issues in the field of strategy science research The 8 chapters in this volume cover the topics of future orientation in strategy making time conceptualizations in interorganizational relationships real time management in the digital economy spatio temporal aspect of strategic leadership a systemic cognitive perspective on organizational temporality ecosystem types and the timing of open innovation strategies and the temporalities of strategic risk behavior and partner opportunism in strategic alliances The chapters collectively present a wide ranging review of the noteworthy research perspectives on the temporal issues in strategy and organization

Parental Psychiatric Disorder Andrea Reupert, Darryl Maybery, Joanne Nicholson, Michael Göpfert, Mary V. Seeman, 2015-07-09 International multidisciplinary expert team of authors present innovative research and practice guidelines to prevent the intergenerational transmission of mental illness

Green Schools Globally Annette Gough, John Chi-Kin Lee, Eric Po Keung Tsang, 2020-08-31 This book brings together stories of the green schools movement

Eco Schools Enviroschools Green Schools Sustainable Schools ResourceSmart Schools etc in several countries around the world with a focus on the impact of the movement on the development and implementation of education for sustainable development in each of the countries In particular each story will explain the history of the movement per country its current status achievements obstacles and broader impact There have been a number of evaluations of these school movements at a national or more local level and numerous articles and chapters have been published on aspects of these schools activities but to date these have not been brought together in a single volume that focuses attention on the impact of the movement on education for sustainable development in each country This is the purpose of this volume The green schools movement focuses on a whole school approach which aims to include everyone students teachers and the local community to improve school environments including resource usage and the environmental footprint of the school to motivate students to take on environmental problems and seek resolutions particularly at a local level but also thinking globally and to improve students attitudes and behaviours as part of developing a sustainable mind set

2014 Exemplar Life Orientation: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous captivating novels enthralling the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the fascinating narratives that have charmed audiences this year. The Must-Read : Colleen Hoover "It Ends with Us" This poignant tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph. 2014 Exemplar Life Orientation : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This intriguing historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. 2014 Exemplar Life Orientation : Delia Owens "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and gripping novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

<https://legacy.tortoisemedia.com/files/Resources/Documents/Digital%20Literacy%20Tricks.pdf>

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