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Student Exploration: Identifying Nutrients

Directions: Follow the instructions to go through the simulation. Respond to the questions and prompts in the orange boxes.

Vocabulary: carbohydrate, disaccharide, lipid, monosaccharide, polysaccharide, protein, starch

Prior Knowledge Questions (Do these BEFORE using the Gizmo.)

1. What are the major types of nutrients you can get from food?

Vitamins, Minerals, Fats, Proteins, Water, Carbohydrates

2. How are these nutrients used by your body?

Vitamins and minerals have a wide variety of uses in the body, fats are used for insulation, energy, and cell growth, proteins are used to build various body structures such as muscle, water is used to help regulate temperature, protect organs and tissues, as well as other uses, and carbohydrates provide energy.

Gizmo Warm-up

Have you ever wondered what is in your food? Scientists use a variety of tests to determine the nutritional content of food. You will learn four of those tests with the *Identifying Nutrients* Gizmo.

1. Below the **Food samples** label, drag tube **A** into the **Food sample holder**. Below the **Benedict test**, click the **Test** button. What is done in the Benedict test?

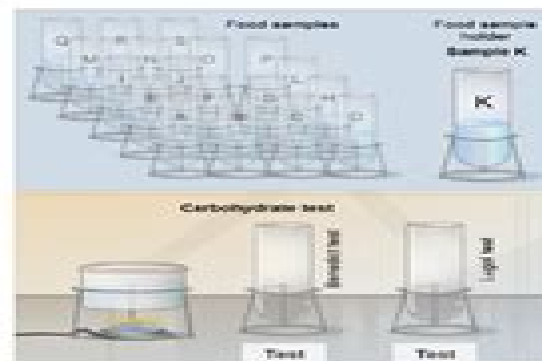
Food A sample is added to a test tube with the benedict solution, and this test tube is warmed up by placing it in a container with water with a fire underneath it.

2. The Benedict test is a test for **monosaccharides**, simple sugars like glucose or fructose (fruit sugar). In contact with monosaccharides, the Benedict solution turns from blue to green to orange.

Does **Sample A** contain monosaccharides?

Yes

Note: **Disaccharides** such as sucrose (table sugar) and lactose (milk sugar) are more complex than monosaccharides. The Benedict test does not detect disaccharides directly.



Answer Sheet To Gizmo Identifying Nutrients

JG Myers

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the author's name.

Answer Sheet To Gizmo Identifying Nutrients:

Decoding **Answer Sheet To Gizmo Identifying Nutrients**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Answer Sheet To Gizmo Identifying Nutrients**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

<https://legacy.tortoisemedia.com/data/publication/fetch.php/digital%20literacy%20pro.pdf>

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Answer Sheet To Gizmo Identifying Nutrients Introduction

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