AIA Academy Brainbook Concussion Course for Athletes

TO COMPLETE THIS COURSE YOU MUST HAVE:

- Computer with Internet Access
- Speakers/Head phones to listen to audio during video clips
 - Printer to print out your certificate
- Go to http://aiaacademy.org/brainbook
- Click on "Register as Student"



- 3. Fill out Registration Form. Be sure to click ALL sports that you will be playing/trying out for this school year.
- After completing the Registration Form you will return to the Login Page. Login with your email and password that you created during registration.
- Begin the Brainbook Course, make sure the volume on your computer is turned on or you have head phones as you will need sound while watching the videos.
- 6. Make sure you complete every question and take your time. An 80% or higher is required to pass this course.
- 7. Once you have completed the course and have submitted your score, you should see a page like this:



Print and Scan the certificate or email/save the certificate to your computer and upload to Register My Athlete

Aia Brainbook Concussion Course Answers

Dr Roush, Kelly Roush

Aia Brainbook Concussion Course Answers:

<u>Sports Concussion and Neck Trauma</u> Dr Roush, Kelly Roush, 2021-01-25 This book educates parents athletes and coaches about head and neck trauma It answers some of the most common questions What are the signs that a concussion has occurred At what age is it safe to play contact sports What should I do if an athlete shows signs symptoms of a concussion

Quick Questions in Sport-Related Concussion Tamara McLeod, 2024-06-01 Are you looking for concise practical answers to questions that are often left unanswered by traditional sports medicine references Are you seeking brief up to date expert advice for common issues that can be encountered when working with athletes Quick Questions in Sport Related Concussion Expert Advice in Sports Medicine provides a unique format of concise and to the point responses with clinical application backed by the latest research on sport related concussions among athletes Dr Tamara C Valovich McLeod and her contributors present 39 common clinical questions and answers based on the author's experience and the many different guidelines consensus and position statements that have garnered increased attention in the media and literature Co published with the National Athletic Trainers Association Quick Questions in Sport Related Concussion Expert Advice in Sports Medicine provides concise answers to 39 frequently asked clinical questions Written in a conversational tone the authors of the individual questions represent a variety of different backgrounds and are experts in their respective field. The variety of questions and brevity of responses will make this a book that is easy to read and reference at the point of care Some sample sections and questions include Concussion Basics What are the best educational materials available to help a coach parent or athlete learn about concussions Pre Season Planning What are the most important regulations and policies to consider regarding the management of sport related concussion Concussion assessment How common are vestibular deficits following sport related concussion and what tools are best used to assess vestibular function Concussion management consideration Are there any rehabilitation exercises you can do to help a concussed athlete heal faster Return to activity What is the role of the graded exertion protocols for making RTP decisions Return to school What is cognitive rest and can it help recovery following concussion Quick Questions in Sport Related Concussion Expert Advice in Sports Medicine is the perfect at your side resource for the athletic trainer team physician or sports medicine clinician looking for practical answers to sport related concussion questions The concise and conversational tone allows the reader to readily apply the information into their everyday practice Concussion Management for Primary Care Deepak S. Patel, 2020-03-20 Concussions are increasing in incidence each year and each state has a law on management of concussions in children These factors strengthen the need for primary care providers to be well versed in the evaluation and management of them This text provides primary care physicians and clinicians with an evidence based yet practical approach to diagnosing and treating concussions in children and adults The book begins with a general overview of concussions It then goes on to identify risks signs and symptoms of concussions Next physicians and providers learn when and how to perform appropriate physical

exams for suspected concussions The following chapters focus on finding the correct type of testing to perform in suspected concussions The testing options addressed include diagnostic neurocognitive and imaging Return to learn and return to play recommendations are then discussed to ensure that providers are able to properly educate patients on them The book concludes by explaining post concussion syndrome and identifying methods to prevent concussions and complications in the future Each chapter presents a specific case along with 3 5 followup questions as well as a summary of key concepts Written from the unique perspective of a primary care physician who also specializes in sports medicine and concussions Concussion Management for Primary Care is a first of its kind book that serves as a valuable resource for primary care physicians sports medicine physicians and any other clinician treating patients suffering from a possible concussion

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