

Lifeguarding Study Guide --

Lifeguarding Skills Exam Questions

and Answers 100% Pass

Primary Responsibilities of a Lifeguard - ✓✓administering first aid and CPR, monitoring activities in and near the water through patron surveillance, enforcing facility rules and regulations and educating patrons about them, recognizing and responding quickly and effectively to all emergencies, preventing injuries by minimizing or eliminating hazardous situations or behaviors

In-Service Trainings - ✓✓practices with employer to make sure skills are up to date

How are lifeguards part of a team? - ✓✓they are part of a lifeguard team (more than 2 lifeguards) and a safety team which is larger and serves emergency situations

EAP and Lifeguard's Role - ✓✓Emergency Action Plan; give the signal, retrieve safety equipment, clear the pool, provide follow-up care

Duty to Act - ✓✓while on the job, you have a legal responsibility to act in an emergency; failure to adhere to this duty could result in legal action

Standard of Care - ✓✓communicate proper info and warnings, recognize those in need of care, attempt to rescue anyone in need, provide emergency care

Answers Key Lifeguarding Skills

Ying Liu

A red circular graphic with a gradient, appearing as a semi-circle or a stylized arrow pointing to the right, located to the right of the author's name.

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