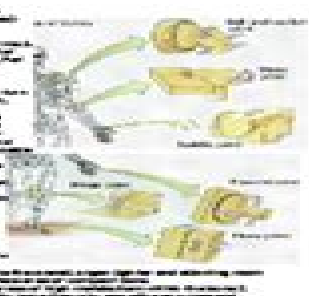


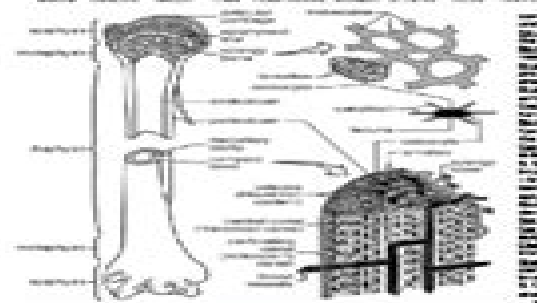


THE SKELETON
The skeleton is the framework of the body, supporting the soft organs and tissues. It is composed of bones and cartilage. The bones are made of a hard, white, mineralized substance called bone tissue. The cartilage is a soft, flexible tissue that connects the bones. The skeleton is divided into the axial skeleton (skull, spine, and rib cage) and the appendicular skeleton (arms and legs).



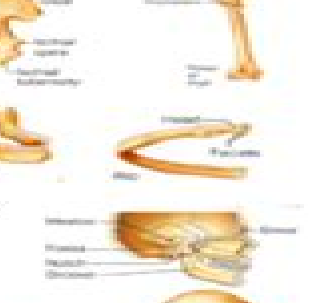
BONES
Bones are made of a hard, white, mineralized substance called bone tissue. They are composed of organic and inorganic components. The organic component is made of collagen, which gives the bone its flexibility. The inorganic component is made of calcium phosphate, which gives the bone its hardness.

JOINTS
Joints are the points where two or more bones meet. They allow for movement of the bones. There are three main types of joints: fibrous joints, cartilaginous joints, and synovial joints. Fibrous joints are made of fibrous tissue. Cartilaginous joints are made of cartilage. Synovial joints are made of a fluid-filled cavity.



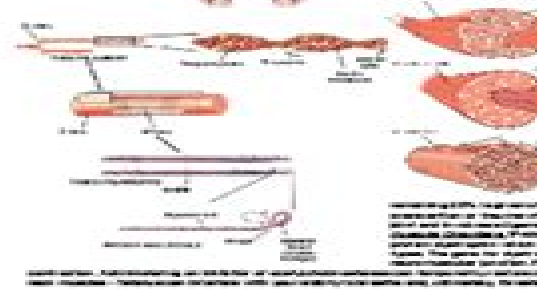
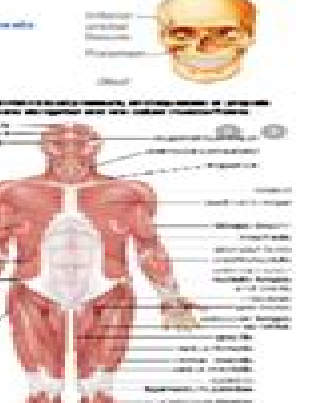
MUSCLES
Muscles are made of muscle tissue, which is composed of muscle fibers. The muscle fibers are long, cylindrical cells with multiple nuclei. They are able to contract and relax, allowing for movement. There are two main types of muscles: skeletal muscles and smooth muscles. Skeletal muscles are attached to bones and are under voluntary control. Smooth muscles are found in the walls of internal organs and are under involuntary control.

MUSCLE TISSUE
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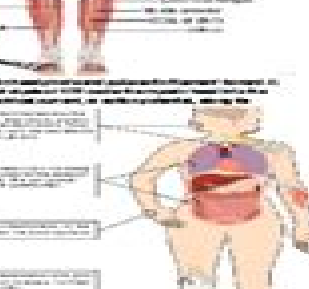
MUSCLE CONTRACTION
Muscle contraction is the process by which a muscle fiber generates force. It is caused by the interaction of actin and myosin filaments. Actin is a thin filament and myosin is a thick filament. They interact to form cross-bridges, which pull the filaments together, causing the muscle to contract.

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Erin Ody,Pat DuPree



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