Endocrine System Worksheet

Name____

Section A: Endocrine vs. Nervous Systems

The endocrine and nervous systems function to regulate body activities. Since both systems are involved in regulation, how does the endocrine system differ in regulation compared to the nervous system? The nervous system uses electrical impulses and neurotransmitters to control processes. These impulses are localized and are extremely fast. The endocrine system is comprised of glands that use chemical messengers to influence a wide range of activities such as growth, development and metabolic activities. These chemical messengers called hormones regulate processes at a slower rate. The hormonal effects last longer and are more widespread within the body.

1. How are the nervous system and the endocrine system different?

Nervous System	Endocrine System

Section B: Intro to endocrine

- What are hormones?
- Most hormones circulate in blood and come into contact with essentially all cells. However, a specific hormone usually affects only a limited number of cells called

which contain receptors for that hormone. When hormones bind to receptors, it triggers a cascade of reactions within the cell that affects function.

- Endocrine glands secrete hormones directly into the
 bloodstream while exocrine glands release secretions through
 ducts into cavities or body surfaces. Some endocrine glands
 have other functions beyond hormone production and secretion. These organs are called mixed
 glands. For example: In addition to hormone production, the pancreas secretes digestive enzymes
 into the small intestines. Consider the other endocrine glands and list glands that would be
 considered mixed based on the above criteria.
- Label the endocrine organs in the diagram, thyroid, thymus, pineal, hypothalamus, pituitary, ovaries, testes, parathyroid, adrenal, pancreas

-	
-	



Secreting cell

Receptor

Target cell

Anatomy Physiology Coloring Workbook Answers Endocrine

Gale Sloan Thompson

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