

The Lymphatic System

prepared by: A. A. B.

Consists of two semi-independent parts:

- ✓ Lymphatic vessels
- ✓ Lymphoid tissues and organs

Lymphatic system functions:

- Transport fluids back to the blood
- Play essential roles in body defense and resistance to disease

Lymphatic Characteristics

Lymph – excess tissue fluid carried by lymphatic vessels

Properties of Lymphatic Vessels

- ✓ ✓ One way system toward the heart
- ✓ No pump
- ✓ Lymph moves toward the heart
- a) Milking action of skeletal muscle
- b) Rhythmic contraction of smooth muscle in vessel walls

Lymphatic Vessels:

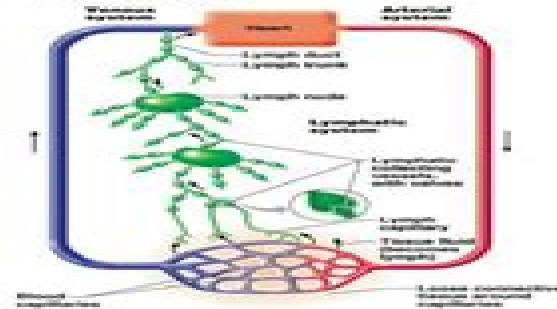
Lymph Capillaries

- Y Walls overlap to form flap-like minivalves
- Y Fluid leaks into lymph capillaries
- Y Capillaries are anchored to connective tissue by filaments
- Y Higher pressure on the inside closes minivalves



Lymphatic Collecting Vessels:

- ✓ Collects lymph from lymph capillaries
- ✓ Carries lymph to and away from lymph nodes
- ✓ Returns fluid to circulatory veins near the heart
- ✓ Right lymphatic duct
- ✓ Thoracic duct



Lymph

Materials returned to the blood:

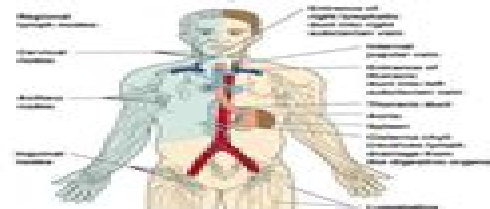
- ✓ Water
- ✓ Blood cells
- ✓ Proteins

Harmful materials that enter lymph vessels:

- ✓✓ Bacteria
- ✓✓ Viruses
- ✓✓ Cancer cells
- ✓✓ Cell debris

Lymph Node

- ✓ Filter lymph before it is returned to the blood
- ✓ Defense cells within lymph nodes
 - a) **Macrophages** – engulf and destroy foreign substances
 - b) **Lymphocytes** – provide immune response to antigens



Anatomy Lymphatic System Study Guide

Lois A Ball



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Taylor,2013-02-01 This Student Notebook and Study Guide the ideal companion to Bruce Wingerd s The Human Body reinvents the traditional study guide by giving students a tool to help grasp information in class and reinforce learning outside of class Too often students struggle to both learn the concepts presented and simultaneously record crucial information The Student Notebook and Study Guide provides a structure for recording in class material that parallels the text s concept presentation and includes supplemental questions and activities for assignment outside of the classroom A complete answer guide for both the in class and out of class materials is available online *Applied Anatomy & Physiology for Manual Therapists* Pat Archer,Lisa A. Nelson,2012-03-14 Provides all of the anatomy and physiology knowledge a massage therapist needs in a way they can better understand *Applied Anatomy and Physiology for Manual Therapists* is a clear accurate simple and comprehensive A P textbook that focuses on the needs of students in manual therapy education programs It is a focused text that deliberately emphasizes the information manual therapists need to be familiar with in order to understand the benefits effects indications and contraindications of their specific form of manual therapy The text includes detailed information not covered in standard A P texts adding an entire chapter on neuromuscular and myofascial connections Chapter 8 and separating the structure and function of the lymphatic system Chapter 11 from immunity and healing Chapter 12 This along with chapter features such as Manual Therapy Applications Pathology Alerts and What Do You Think questions help readers build bridges between the scientific facts and the application of that information to their therapeutic practice **Ssg- Human Biology 6E Student Study Guide** Chiras,2008-02 Human Biology Sixth Edition provides students with a clear and concise introduction to the general concepts of mammalian biology and human structure and function With its unique focus on health and homeostasis Human Biology enhances students understanding of their own

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with your weaker foot so it's ahead of your dominant foot bring your hands up to the height of your chin 1