#### Lab Activity: Urinalysis

Overview: A urinalysis is a diagnostic medical test that analyzes the physical and chemical properties of urine that can be used to indicate the presence of various health issues or drug use. In this lab activity, you will be testing simulated urine samples of five different patients in order to come up with potential diagnoses for their health issues. You will make physical observations and then use urinalysis test strips to chemically observe the urine. The data collected will be used to determine what is going on with the patient.

Pre-Lab: Before getting started testing the patients' urine, research what each of the factors below indicate about the patient and fill in the chart so that you can refer to it later as you make your analyses of each patient's urine and overall health.

	What it could indicate about the patient's condition
Color	Pale or transparent means you been drinking enough water Orange or dark means you are not drinking enough water Pink or red means there is blood in the urine
Clarity	It means you're likely drinking plenty of water! The color of normal urine can range from clear to light yellow.
Odor	Sweet-smelling urine may be a sign of uncontrolled diabetes or a rare disease of metabolism. Liver disease and certain metabolic disorders may cause musty-smelling urine.
Blood (+/-)	a problem in your kidneys or other parts of the urinary tract, such as: Cancer of the bladder or kidney. Infection of the bladder, kidney, prostate, or urethra. Inflammation of the bladder, urethra, prostate, or kidney (glomerulonephritis)
pH	Urine has the highest range of pH compared to other bodily fluids.
Glucose (+/-)	Normally, urine contains very little or no glucose. But if you have too much glucose in your blood, your kidneys will get rid of some of the extra glucose through your urine. So, a high level of urine glucose may mean that your blood glucose is high, too, and that could be a sign of diabetes.
Protein (+/-)	It is a sign that your kidneys are damaged.

# **Answer To The Urinalysis Lab Activity**

Robin S. Warekois, Richard Robinson, Pamela Primrose

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